## The Laddered Bond Portfolio

A Bond Strategy for Managing Risk and Capturing Compelling Market Returns

By George Strickland, Josh Gonze,
Christopher Ihlefeld, and Christopher Ryon Thornburg Fixed Income Co-Portfolio Managers

Many financial advisors recommend bonds and bond funds as a part of their clients' comprehensive investment portfolios, both for their perceived safety and high yields. However, not all bonds and bond funds are the same, and investors are often lured by high yields into high-risk bond strategies, only to expose themselves to increased losses.

The stock market crash of October 1987 was highly dramatized in the media, but during that year, more money was lost in long-term bonds and bond funds than in stocks. Interest rates fluctuated widely throughout the year, but rose dramatically by the end of that year; this caused the bond market to lose significant value. Why? When interest rates rise, market values of bonds go down because bond interest rates are fixed and the present value of a bond's stream of interest payments drops. These factors caused investors to panic and sell their bond funds, leaving fund managers with no choice but to sell these long-term bonds at depressed prices as a way to generate cash for redemptions.

We believe that the higher nominal yield of long-term bond funds has not been enough to compensate the investor for their highly volatile prices. Investors have not, historically speaking, been compensated for the higher risk of long-term bonds.

## A HISTORICAL PERSPECTIVE

During the late 1980s and early 1990s, long-term bond investors enjoyed their best decade in history, with gains averaging I2.7\% per year. Unfortunately, many investors continue to consider only the most recent positive period when analyzing investment options. Psychologists call this cognitive bias, the expectation that historical performance will determine future performance. It is critical to analyze all statistical evidence available in financial decision-making; investors should never dismiss data without good reason.

In contrast with the late 80s and early 90 s , consider the decade of the 1950s - the worst decade for long-term bond investors - with an average annual loss of $-0.1 \%$ (with reinvested interest income; substantially lower otherwise). This practical example illustrates what can happen when interest rates rise. The volatility of long-term bonds, particularly over long
time periods, approaches the volatility of common stocks. Clearly, long-term bonds do not exhibit the price stability that many fixed-income investors are seeking.

The longer the term to maturity, the longer the expected stream of interest payments to the bondholder. The market price of any bond represents the present value of this stream of payments discounted at current interest rates. As rates fluctuate, the present value of this stream of payments constantly changes. This longer stream of interest payments, as compared to those of limited-term bonds, creates higher price volatility for long-term bonds.

The higher risk of long-term bonds might be acceptable were higher rates of interest to compensate for the additional risk assumed. Note that University of Chicago Professor Eugene Fama has studied the rates of return of long-term bonds from 1964 to 1996; Fama's studies demonstrate that long-term bonds
have historically exhibited wide variance in their total rates of return without sufficiently compensating investors with higher expected returns. Fama found that bonds with maturities beyond five years had lower total returns than those with maturities of five years or less (see figure 2). Ibbotson Associates data in figure I demonstrates that the risk return profile over the last fifty years is comparable to Fama's study.

## WHY WOULD ANYONE BUY LONGTERM BONDS?

The majority of investors in the long-term bond markets are institutions, such as corporate pension plans and life insurance companies. These investors are interested in funding long-term debt obligations such as fixed annuity payments or other fixed corporate responsibilities. They are not concerned with volatility of principal or with the effects of inflation since their obligations are a fixed amount. In terms of variability of total return, long-term bonds bear more similarity to stocks than to shorter-term, fixed-income vehicles such as Treasury bills. And yet, over long time periods, their respective total returns have consistently lagged those of equities.

A look at figure 2 will help illustrate the higher standard deviations and lower total returns of bonds with maturities beyond five years.

## The Risks

There are four main risks inherent in every bond and bond fund: credit risk, income

Figure I: Summary Statistics of Annual Returns (50 Years 1959-2009)


Intermediate bonds, defined as those with a maturity of five years, had comparable total returns with a significantly lower standard deviation compared to long-term bonds.

Past performance does not guarantee future results.
Government bonds and Treasury bills are negotiable debt obligations of the U.S. government securities is exempt from state and local, but not federal, taxes. Government bonds are issued at various schedules and maturities. Treasury bills are short-term instruments with maturities of no more than one year.

Standard deviation is a statistical measurement of dispersion about an average which, for an investment portfolio, depicts how widely the returns varied over a certain period of time. Investors use the standard deviation of historical performance to try to gauge the range of returns that are most likely for a given investment. When an investment has a high standard deviation, the predicted range of performance is wide, implying greater volatility.
Source: Ibbotson Associates
tax risk, market price risk, and reinvestment risk. It is possible to mitigate credit risk by researching and monitoring
a bond, and income tax risk can be minimized by investing in tax-free bonds or using a tax-deferred account, but it

Figure 2: Risk vs. Reward
(Examined for bonds 1964-1996)


[^0]Source: Eugene F. Fama, University of Chicago

## is impossible to simultaneously master market price risk and reinvestment risk.

So, while it's true that some investments do alleviate some of the above factors, no single investment can fully manage
all of them. Market price risk (see figure 3), for example, can best be curtailed by owning a limited-term certificate of deposit (CD) or a money market fund, because the market price is always constant. But reinvestment risk is, as a

Figure 3: Market Price Risk

|  | High <br> $(1 / 16 / 09)$ | Low <br> $(2 / 6 / 09)$ |
| :--- | :---: | :---: |
| U.S. Treasury 4.50\%, Maturity 2//5/36 | 132.0 | $\mid 14.3$ |

Change in Price $=15.5 \%$
Source: Bloomberg

Figure 4: Reinvestment Risk
Hypothetical $\$ 100,000$ Invested in Average Taxable Money Market Fund


Reinvestment risk as depicted by the declining return from a hypothetical $\$ 100,000$ money market fund purchase.

Past performance does not guarantee future results.
Source: Morningstar Principia Pro. Hypothetical assumes dividends were not reinvested.
result, comparatively larger when investing in a CD or money market fund (see figure 4). Reinvestment risk can be diminished through investing in zero coupon bonds (bonds that are not contracted to make periodic coupon payments) because reinvestment is fixed until maturity, but a zero coupon bond is subject to market risk. All other bonds are subject to both market and reinvestment risk.

At best, an investor in a fixedincome vehicle other than the above instruments can hope only for a compromise solution that minimizes and manages market price and reinvestment risk, while achieving an attractive total return (see figure 5).

## STRIKING A BALANCE: LADDERING THE PORTFOLIO

How do fixed-income investors achieve a respectable rate of return without experiencing the higher risk associated with the fluctuation of interest rates? Further, what is an adequate trade-off of higher risk for higher return?

Laddering involves building a portfolio of bonds with

Figure 5: Risk Management Strategies

## Risk

Credit Risk
Careful selection, diversification, ongoing credit review

Income Tax Risk
Municipals and tax-deferred

## Market Price Risk

Strike a Balance

## Reinvestment Risk

staggered maturities so that a portion of the portfolio will mature each year (see figure 7). To maintain the ladder, money that comes in from currently maturing bonds is typically invested in bonds with longer maturities within the range of the bond ladder.

Laddering tends to perform very well against other bond strategies over the long term because it simultaneously accomplishes two goals:

- Captures price appreciation as the bonds age and their remaining life shortens.
- Reinvests principal from maturing limited-term bonds (low-yielding bonds) into new longer-term bonds (higher-yielding bonds).


## MANAGING MARKET PRICE RISK

The primary goal of a laddered bond portfolio is to achieve a total return over all interest rate cycles that compares favorably to the total return of a long-term bond, but with less market price and reinvestment risk. This goal is pursued by maintaining an investment of approximately equal amounts of a bond portfolio
in each year of the selected maturity range.

We believe that two durations of ladders provide the best results:

- A limited-term ladder in which the average maturity is kept between three and five years.
- An intermediate-term ladder with an average maturity between six and ten years.

A bond's sensitivity to interest rates is measured by its duration. The shorter the duration, the less volatile the bond's price. When interest rates shift, a bond with a oneyear maturity barely budges in price, while the price of a 30 -year bond moves dramatically (as shown in figure 6). Long-term bond funds pay a heavy price for their marginally higher yields. As limited- and intermediate-term bonds age, their durations shorten at an

Figure 6: Duration Effect
Change in Price for a Given Change in Yield


A change in interest rate moves the price of a 30 -year bond much more than that of a shorter-term bond.

Rising interest rates means falling bond prices, while declining interest rates means rising bond prices. Duration quantifies how much a bond's price changes in response to a $\mathrm{I} \%$ change in interest rates. For example, if interest rates rise $1 \%$, a bond with a 5 -year duration will decrease in value by $5 \%$, and if interest rates fall $1 \%$, that bond will increase in value by $5 \%$. Bonds with higher durations carry more risk and have higher price volatility than bonds with lower durations.

Source: Thornburg

Figure 7: A Hypothetical Limited Term Bond Ladder
Laddering involves building a portfolio of bonds with staggered maturities so that a portion of the portfolio will mature each year.

The laddering strategy does not assure or guarantee better performance than a non-laddered portfolio and cannot eliminate the risk of investment losses. For illustration purposes only.


Figure 8: How Does Aging Affect Duration?

| Length of Bond | Initial Duration | Duration After <br> Five Years | Change in <br> Duration | Percent Change in <br> Duration |
| :---: | :---: | :---: | :---: | :---: |
| 30 -year | 15.5 | 14.2 | -1.3 | $-8 \%$ |
| 20 -year | 12.6 | 10.5 | -2.1 | $-17 \%$ |
| 10-year <br> Source: Thornburg | 7.8 | 4.4 | -3.4 | $-44 \%$ |

increasing rate, in a telescoping effect. A single year of aging will shorten the duration of a five-year bond more than it does a 10-year bond and will benefit a 10 -year bond more than a 20-year bond. A 30-year bond's duration, on the other hand, hardly responds to a single year's passing.

## MORE EXAMPLES

Figure 8 compares three identical bonds with five percent coupons. The first bond has 30 years to maturity, the second 20 years, and the third 10 years. Observe the effect on duration (the bond's sensitivity to interest rates) after five years of aging.

The shorter-duration bond carries less risk, so a potential buyer will demand less yield. If interest rates remain constant, the bond will rise in value over most of its life, as its duration shortens. If interest rates rise, the bond will recover much (if not all) of its lost value as duration shortens, and is priced to the lower yield of a shortened bond.

Figure 9 shows the price of an intermediate municipal bond from issuance until maturity (assuming that bond yields are held constant during the
investment period). Note how the price rises over most of its life. This scenario, when applied to a laddered-maturity
portfolio, reduces market price risk because there are generally more bonds rising in price than falling in price.

Figure 9: Pricing a Bond as it Approaches Maturity
Blended Average Three-Year Historical Municipal AAA Yield Curve (I2/3I/06-12/3I/09)


Illustration of a Bond Due in Ten Years Priced at Various Intervals Over its Term

| Pricing <br> Date | Coupon | Yield to <br> Maturity | Dollar <br> Price |
| :---: | :---: | :---: | :---: |
| Issue Date | $3.39 \%$ | $3.39 \%$ | 100.000 |
| 2010 | $3.39 \%$ | $3.23 \%$ | 101.241 |
| 2011 | $3.39 \%$ | $3.04 \%$ | 102.422 |
| 2012 | $3.39 \%$ | $2.86 \%$ | 103.320 |
| 2013 | $3.39 \%$ | $2.65 \%$ | 104.062 |
| 2014 | $3.39 \%$ | $2.42 \%$ | 104.543 |
| 2015 | $3.39 \%$ | $2.18 \%$ | 104.611 |
| 2016 | $3.39 \%$ | $1.98 \%$ | 104.087 |
| 2017 | $3.39 \%$ | $1.81 \%$ | 103.083 |
| 2018 | $3.39 \%$ | $1.34 \%$ | 102.023 |
| 2019 | $3.39 \%$ | Matures | 100.000 |

In this illustration, note that five years after its issuance, the $3.39 \%$ bond due in 2019 has approximately four years to maturity. Assuming constant interest rates, we price the $3.39 \%$ bond using a $2.18 \%$ yield to maturity to obtain a dollar price of I04.6II, when four years remain to maturity.

Source: Municipal Market Data, 3-year Average AAA General Obligation (GO)

## MANAGING <br> REINVESTMENT RISK

In a laddered portfolio, bonds mature every year. As this occurs, the principal proceeds are reinvested at the longer end of the ladder, often at higher interest rates. The income stream will stay relatively constant because only a small portion of the portfolio will mature and be replaced each year. Over time, the portfolio should include bonds purchased in periods of both high and low interest rates. Figure 10 demonstrates how a laddered portfolio can be expected to react to three interest rate scenarios:

## Unchanged Interest Rates

(The center line in the graph below represents a scenario of unchanging interest rates.)

- In this scenario, a very steady return is generated each year in the laddered portfolio. The return
will be fairly close to the highest-yielding bond in the portfolio.

Rising Interest Rates (The gold line in the graph below represents a scenario of rising interest rates.)

- Bond values initially drop, but recover value as they move toward their maturity at par. Unlike owning an individual bond, the ladder has maturing bonds each year, which gives the portfolio a stream of cash flow to reinvest in new, higher-yielding bonds. This creates a consistent pattern of investment, much as dollar cost averaging does for the equity market. Without maturing bonds, the manager could only sell bonds at depressed prices in order to generate cash for reinvestment. As proceeds from maturing bonds are reinvested in higher-yielding bonds at the far end of the
ladder, the portfolio's yield gradually increases. This built-in reinvestment feature works to offset some of the price depreciation that occurred throughout the ladder when interest rates rose. It also results in a rising income stream. As can be seen, after a few years, the portfolio's total return first equals its original return then surpasses it.


## What if Interest Rates

Fall? (The dark blue line in the graph below represents a scenario of falling interest rates.)

- In this scenario, the portfolio's return rises as bond prices are marked up. Ultimately, as those bonds mature and proceeds are reinvested in lower-yielding bonds, the portfolio's longterm return is lower than it would have been under the first two scenarios. The income stream also

Figure 10: Effect of Interest Rate Changes on a Hypothetical Laddered Bond Portfolio


Figure II: Municipal Market Data Yield Curve Average of Three Years Ending 12/3I/09


Source: Municipal Market Data, 3-year Average AAA General Obligation (GO)
decreases, but only gradually, because the longerterm higher-yielding bonds continue to be held in the portfolio and the income generated continues to be the average of all the bonds.

## WHY DOES THIS TACTIC WORK?

Let's look at an average municipal bond yield curve (shown in figure II) for three years from 2007-2009. The horizontal axis represents years to maturity and the vertical axis the expected yield. A normal (positively sloped) yield curve means that the shortest investments generate the lowest yields. As years to maturity increase, yield levels rise. Yields rise substantially every year for the first 10 years of the curve in the municipal market.

As figure II shows, the first five to 10 years of the curve is the steepest segment; a steep curve is good for bond investors, because yields will increase rapidly over a short time frame. Beyond 15 years, the yield curve becomes
virtually flat, and little or no increase in yield results even as maturities extend and more risk is assumed.

As maturing proceeds are reinvested at the end of the ladder, the yield of the portfolio is greater than what would be expected by the average maturity of the bonds, because of the positive slope of the yield curve. As a result, over time, a laddered portfolio of bonds tends to produce a portfolio with the income of the longer-maturity bonds but with the price stability of the middle-maturity bonds in the ladder.

Strategies which help manage both price volatility and reinvestment rates are: laddering the portfolio, focusing on short-term and interme-diate-term bonds, reinvesting proceeds at the end of the ladder rather than the front, and allowing bonds to naturally age down the yield curve. We believe that the practice of laddering a portfolio throughout all market environments provides the most attractive means of managing both market price and reinvestment risk.

OTHER THINGS YOU SHOULD KNOW

Most bonds have a call provision, which means that the issuer of that bond can repay the bond early. Financial advisors frequently don't understand the issue of callability and how it can affect their clients' portfolios. A goal of a properly structured laddered bond portfolio should be to buy only non-callable bonds, or bonds that are only callable within a few years of maturity (as opposed to having 10, 15, or 20 years between the call date and the maturity of the bond).

For example, consider a New York City bond with a call provision and assume that interest rates have gone down. In this case, the city will call the bond and issue new bonds at a lower interest rate. Obviously, if the new bonds were issued with a four percent yield, the investor would prefer to retain the old bonds that are paying six percent, but if the city has a call provision, the investor must surrender the higher-rate bonds.

More than 90 percent of long-term municipal bonds issued have a 10 -year call provision. Therefore, a 20 - or 30-year bond paying an above-market yield will probably be called within 10 years. As such, the investor would not be compensated for assuming the greater risk, since the high-yielding bond gets called before its final maturity. Worse, if interest rates rise and the bond's yield is below market, the issuer is not likely to call the bonds and the investor would own the below-market bond all
the way to its final maturity. With a laddering strategy, which uses only limited- or intermediate-range bonds, call risk tends to be lower.

## SUMMARY

Laddering short-term and intermediate-term bonds captures most of the return of longer-term bonds, with less volatility. For example, a 10-year ladder can produce the yield and return of 10-year bonds, but with lower risk because of its 5-year average maturity. The strategy also smooths out reinvestment risk since money is being reinvested incrementally throughout a full interest rate cycle. The end result is a portfolio with returns close to those of long-term bonds but with substantially less risk.

It really doesn't matter which way interest rates move. With a laddering strategy, it's possible to get consistent returns. This gives laddering investors a competitive advantage, knowing any time is a good time to build or buy into a laddered portfolio. It's the smart way to increase a portfolio's return while minimizing both market and reinvestment risk.

## AUTHORS

George Strickland is co-portfolio manager of the Thornburg municipal bond funds and Thornburg Strategic Income Fund. He is responsible for overseeing the research, trading, and strategic positioning of municipal bond portfolios. George joined Thornburg Investment Management as an associate portfolio manager in 1991, and was elected managing director in 1996. Prior to joining Thornburg, George began his financial career with the Calvert Group. He earned his BA


George Strickland, Josh Gonze, Christopher Ryon, and Christopher Ihlefeld
in economics from Davidson College and his MBA in finance from the University of Maryland.

Christopher Ryon, CFA, is coportfolio manager of the Thornburg Strategic Municipal Income Fund. Chris specializes in the trading, monitoring, and structuring of municipal bond funds. Chris joined Thornburg in 2008 and was elected managing director in 2009. He has 25 years of investment management experience. Before joining Thornburg, Chris served as head of the Long Municipal Bond Group for Vanguard Funds. There, he oversaw the management of over $\$ 45$ billion in 12 intermedi-ate- and long-term municipal bond funds. Chris holds a BS from Villanova University and an MBA from Drexel University.

Josh Gonze is co-portfolio manager of the Thornburg municipal bond funds. He is responsible for credit analysis for new bond transactions, monitoring credit quality within the portfolios, and evaluation of sector-wide credit trends. Josh joined Thornburg Investment Management in 1999 and was named managing director in 2003. Prior to joining Thornburg, he served as an associate director at Standard and Poor's and worked in corporate banking at
the Toronto-Dominion Bank in New York. Josh holds a BA in economics from Oberlin College and an MBA in finance from the New York University School of Business.

Christopher Ihlefeld is co-portfolio manager of the Thornburg municipal bond funds. Christopher specializes in the trading, monitoring, and structuring of municipal bond funds. Christopher joined Thornburg Investment Management as a dealer services representative in 1996. Prior to joining the portfolio management team, he served at Thornburg as an information technology specialist and program analyst. In 2006, Christopher was elected managing director. He holds a BA from Rollins College and an MBA in finance from the College of Santa Fe.

# Thornourg Investment Management ${ }^{\circ}$ <br> Strategies for Building Real Wealth <br> 2300 North Ridgetop Road <br> Santa Fe, New Mexico 87506 

www.thornburg.com
I.800.847.0200

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[^0]:    Past performance does not guarantee future results.

