



Sports & Culture in France

FRANCE

May Session



PROGRAM HIGHLIGHTS



TERM

May Session



LANGUAGE OF INSTRUCTION

English



HOUSING

Hotel



ELIGIBILITY

2.5 GPA
Freshmen and above
No language prerequisite



WEBSITE

[UMabroad.umn.edu/
programs/europe/sports-
france](http://UMabroad.umn.edu/programs/europe/sports-france)



About Sports & Culture in France

Long known as one of France's sportiest cities, Montpellier is a great place to learn about French sports culture. This program covers such topics as sports tourism, sports psychology, sports marketing, and sports pedagogy.

Housing & Meals

Live in an extended-stay hotel in downtown Montpellier, which offers front desk security and assistance and weekly housekeeping services. Each unit has a small kitchen, so you can shop for and cook your own meals or explore French cuisine at nearby restaurants.

Excursions

The program includes excursions to several local sports and recreational facilities. Participate in local visits, such as hiking in the national park of Cévennes, observing a training session of the Montpellier handball club, and attending a professional handball game. Take a multi-day trip to Paris, including the French Open tennis tournament.

Learning Outcomes

- Deepen cross-cultural understanding through interaction with faculty and community members
- Gain French, European, and international perspectives on sport
- Increase independence and self-reliance by learning to navigate French society
- Acquire practical knowledge in sports-related professions such as coaching, sports management, and kinesiology



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LEARNING ABROAD CENTER
UNIVERSITY OF MINNESOTA



Sports & Culture in France

LOCATION

Home to more than 100,000 university students, Montpellier is the perfect location to study and experience sports culture. Its sunny climate and warm weather offer numerous outdoor activities on land and at sea.

COURSEWORK

The program combines a morning course on sports philosophy, psychology, marketing, leadership, and cultural dimensions of professional sports with afternoon activities that maximize the active outdoor life of Montpellier.

Students from a variety of fields of study including sports management, kinesiology, sociology, and philosophy will find this program of interest.

Topics highlighted in the three-credit course include:

- Concepts of the human body in the cross-cultural context
- Historical and sociological approaches to sports and leisure
- Sports and the environment
- Interpersonal dimensions

- Sports careers in cultural context
- Leadership in sports
- Marketing approaches to professional sports
- Nonverbal communication and sports
- Sports facilities
- Sports tourism

ACTIVITIES

Engage in organized afternoon activities to learn about and experience French sports life, including:

- Beach volleyball
- Football (soccer)
- Handball
- Hiking
- Kayaking
- Pétanque
- Sailing
- Swimming
- French Open tennis tournament (in Paris)

FINANCIAL PLANNING

Most financial aid may be applied to study abroad. In addition, University of Minnesota students are eligible for \$1.5 million in University of Minnesota study abroad scholarships. For more information about other financial resources, visit the Learning Abroad Center website.

STUDY ABROAD FITS YOUR DEGREE

Study abroad credits can count toward your major, minor, liberal education, and second language requirements. Contact an adviser on your campus to find out how this program fits for you.

EQUAL OPPORTUNITY

The University of Minnesota is committed to the policy that all persons shall have equal access to its programs, facilities, and employment without regard to race, color, creed, religion, national origin, sex, age, marital status, disability, public assistance status, veteran status, or sexual orientation.

“This was an opportunity for me to get practical experience in sports management for my future career, and it was a beautiful place to spend a few weeks, too.”

—Aidan

JUMP INTO A FRENCH ADVENTURE

Take your active lifestyle to France, where you will study sports and sports culture from a French perspective. Explore the hub of the city, the Place de la Comédie, which is the center of Montpellier’s social scene. Participate in excursions to local sports and recreational facilities, historic locations, and the Medieval town of Aigues Mortes. Situated within easy reach of both the Cévennes mountains and the Mediterranean Sea, Montpellier is an ideal location for cultural exploration.

