



FEMALE EMPOWERMENT AND CHILD WELFARE IN TANZANIA

Sample Program
2020



TRANSFORMATIVE LEARNING JOURNEYS

EDU Africa aims to promote the process of student transformation, utilizing the unique context of Africa to help students broaden their intellectual horizons and grow personally, cross-culturally, professionally, and as global citizens.

PROGRAM OVERVIEW

This program is based in Dar es Salaam and Zanzibar, exposing students to Tanzania's bustling, multi-cultural port city as well as the pristine beauty of Zanzibar. Focusing on women's empowerment and child welfare, students will visit UNICEF's offices in both Dar es Salaam and Zanzibar, as well as participate in service learning and community work with related organizations in Dar es Salaam. Cultural and historical excursions intersperse this itinerary, providing students with a well-rounded study abroad experience.

Educational Site Visits

- UNICEF Tanzania (Dar es Salaam and Zanzibar)
- Stone Town
- Nyerere Cultural Center
- National Museum and House of Culture

LEARNING OUTCOMES

By the end of this program, students should be able to:

- Demonstrate increased intercultural competence
- Discuss key themes relating to public policy in Tanzania
- Analyse challenges and opportunities relating to women's empowerment and child welfare in Tanzania

Note: Specific learning outcomes and activities can be constructed in collaboration with EDU Africa's dedicated curriculum development team.

DAILY PROGRAM

2020	Travel	Accommodation	Style	Meals Included	Activities
Day 1 (Sun)	Arrive JNIA – Dar es Salaam	Madale Student Compound	Rooms	D	Madale Village Compound introduction
Day 2 (Mon)		Madale Student Compound	Rooms	BLD	Introduction to project partners
Day 3 (Tue)		Madale Student Compound	Rooms	BLD	Morning: Visit to Tanzanian NGOS/ UNICEF or partners of UNICEF Afternoon: Lecture on Public Policy in Tanzania (potentially University of Dar es Salaam)
Day 4 (Wed)		Madale Student Compound	Rooms	BLD	Morning: Service-learning Afternoon: Visit Nyerere Cultural Center
Day 5 (Thu)		Madale Student Compound	Rooms	BLD	Morning: Academic time Afternoon: Visit National Museum
Day 6 (Fri)	Travel to Zanzibar on ferry	Kiponda	Rooms	BLD	Morning: Lecture Afternoon: Ferry to Zanzibar Evening: Fun night in Stone Town
Day 7 (Sat)		Kiponda	Rooms	BLD	Stone Town tour
Day 8 (Sun)	Travel to Nungwi (East Coast)	Amaan Bungalows	Bungalows	BLD	Spice tour
Day 9 (Mon)		Amaan Bungalows	Bungalows	BLD	Spend the day at leisure
Day 10 (Tue)	Travel to Dar es Salaam	Madale Student Compound	Rooms	BLD	Morning: Visit UNICEF offices in Zanzibar Ferry to Dar es Salaam
Day 11 (Wed)		Madale Student Compound	Rooms	BLD	Service-learning (full day)

Day 12 (Thu)		Madale Student Compound	Rooms	BLD	Service-learning (full day)
Day 13 (Fri)		Madale Student Compound	Rooms	BLD	Morning: Service-learning (full day)
Day 14 (Sat)	Travel to Dar es Salaam	Tan-Swiss Mikumi/Vamos Hotel/Camp Bastain	Rooms	BLD	Morning: Project Visit Mikumi National Park
Day 15 (Sun)		Tan-Swiss Mikumi/Vamos Hotel/Camp Bastain	Rooms	BLD	Mikumi National Park
Day 16 (Mon)	Depart for US			B	Airport transfer to JNIA

Abbreviations: JNIA: Julius Nyerere International Airport, B: Breakfast, L: Lunch, D: Dinner

SUSTAINABLE DEVELOPMENT GOALS

This program engages students with the principles of the following United Nations Sustainable Development Goals:



LOCAL PROGRAM FACILITATOR

All EDU Africa programs are administered by an expert Local Program Facilitator. The facilitator meets the group of students on arrival at the airport and accompanies them for the full duration of their time on the ground. The facilitator is available at all times to assist with any student and educator needs, thus ensuring the smooth running of the program.

ACCOMMODATION

Madale Student Eco-Compound

Madale Student Compound is located in Madale Village in Dar es Salaam. It offers affordable, comfortable accommodation for students, exposing them to authentic Tanzanian life and providing a convenient base from which to explore the city and participate in service-learning projects. The compound is located on top of a hill, providing wonderful views overlooking the city.

Kiponda Guesthouse Stone Town

Kiponda Bed and Breakfast is a historical house dating back to the 18th century when it was built as part of the palace; simple and functional, yet friendly and welcoming. It is nestled in the charming Stone Town of Zanzibar. This beautiful old original Swahili house is just a walking distance from the harbor and a stone's throw from Forodhani Garden and the House of Wonders. Peaceful, authentic, comfortable and furnished simply, but with style. Built in Arabic style – with one interior portico, thick walls and plenty of natural ventilation – sitting at the roof top seating area where breakfast is served makes it easy for one to dream up their own story of ancient times.



Amaan Bungalows

Amaan Bungalows is located in Nungwi, a beachfront on the north western tip of the island. The hotel features a wide range of facilities and leisure options. It is set amidst a landscaped tropical oasis of coconut palms, shady trees and sweet-scented flowers. The hotel's traditional architecture utilizes local materials from the island.



Tan-Swiss Lodge

Featuring free Wi-Fi access, Tan-Swiss Lodge is set in Mikumi, 17 km away from Mikumi National Park's main gate. Each unit is fitted with a private bathroom with shower facilities and air conditioning. Some units feature a seating area and/or terrace. Tan-Swiss Lodge also offers a year-round outdoor pool, and guests can enjoy dining at the on-site restaurant.



Vamos Hotel

Vamos Hotel is situated in Mikumi and it is about 17km from Mkumi Hippo pool. This hotel offers amenities such as a garden and free WiFi. Providing a restaurant. The hotel rooms are fitted with a desk and a flat-screen TV. Each room comes with air conditioning, and certain units have a balcony. A Full English/Irish breakfast is available each morning at the accommodation. The hotel provides a dry cleaning. 24-hour front desk staff are ready to help around the clock.



Camp Bastain

Camp Bastain is situated just outside Mikumi National Park. The camp offers seven cottages and a campsite. No matter which type of accommodation you choose, you will wake up listening to uninterrupted sounds of beetles, crickets and birds. During your stay at Camp Bastian, you will meet well trained and service minded staff. The camp offers homemade food made from locally grown and produced products. Camp Bastian Mikumi offers different type of accommodation to suit all needs. It consists of 7 chalets in different sizes and a camp site. All the chalets are decorated with locally made furniture and fabrics to keep an authentic atmosphere.



EDUCATIONAL ACTIVITIES

UNICEF Dar es Salaam and Tanzania

UNICEF is world-renowned for the work it does in over 190 countries and territories to save children's lives, to defend their rights, and to help them fulfil their potential, from early childhood through adolescence. Students will visit UNICEF Tanzania, or, if a visit cannot be arranged (time dependent), they will visit NGO partners working alongside UNICEF, in both Dar es Salaam and Zanzibar to learn more about their work for children within the country and around the world.

Community Service-learning

Students will collaborate with an NGO, Art in Tanzania, on various service-learning projects. Students engage with various projects, ranging from:

- Assisting physically disabled students to develop the educational experiences of physically challenged students in Tanzania.
- Collaborating on community sports in Tanzania, developing children and youth sport programs within a local village
- Engaging with educational projects in Tanzania, focusing on educational tasks in nursery, primary and secondary schools as well as adult vocational training in schools in the local village
- Empowering women through business and photography – assist in honing women's skills to start their own small businesses and to create markets for their products.

Nyumba Ya Sanaa (Nyerere Cultural Centre)

Nyumba Ya Sanaa which is also known as “House of Arts” was found back in 1972; it is a handicrafts hub where young artisans congregate to display and sell their wares. Jewellery, textiles, pottery, etchings, paintings and carvings are all on display, and many of them available at very reasonable rates. There is also the chance for students to participate in actually making some of the craft work too. The Center offers traditional dance performances over weekends.

National Museum & House of Culture

The National Museum houses the famous fossil discoveries of *zinjanthropus* (nutcracker man) from Olduvai Gorge, along with other archaeological finds. Walk through the History Room and ethnographic collection to get an idea about the Tanzania's past and its mosaic of cultures, including the Shirazi civilisation of Kilwa, the Zanzibar slave trade, and the German and British colonial periods. For vintage auto aficionados, there is a small special collection, including the Rolls Royce used first by the British colonial government and later by Julius Nyerere. The House of Culture provides an educational resource centre and display area for contemporary art.

Stone Town Visit

Follow the trail of the Sultans, slaves and explorers in the winding streets of Stone Town. Your guide will captivate you, retelling the events that shaped Zanzibar, leading you through the buildings where it all happened, like the former Slave Market and Anglican Cathedral, the House of Wonders and the Sultans' Palace Museum, the Freddie Mercury House, the Old Arab Fort and Dispensary and many more.

While tracing the steps of the past, the walking tour provides you with a window into modern life in Stone Town. Explore the spice markets, seafood and fish piled in the fish market, fresh loaves of bread in wicker baskets and the neat stacks of fruit and vegetables as traders sell their wares from their stalls. Children play while men enjoy board games.

RECREATIONAL/CULTURAL ACTIVITIES

Zanzibar Spice Tour

In days past, Zanzibar was known as a spice island, exporting cloves, vanilla, nutmeg and cardamom across the world. The spices were originally brought over from Asia and South America and flourished in the tropical climate. Nowadays, the plantations are a tribute to the island's past and although not a main industry anymore, they are a fascinating attraction and a wonder for the senses.

Mikumi National Park

Situated between the Uluguru Mountains and the Lumango go, Mikumi is the fourth biggest national park in Tanzania and just a couple of hours drive from Tanzania's biggest city. Mikumi National Park is a prime wildlife viewing area in Tanzania, offering students an opportunity to think critically about conservation and explore and see the wildlife in their natural habitat.

STUDENT ELIGIBILITY REQUIREMENTS

Students participating in this program should be aware of and be prepared to handle the following essential elements:

- Possessing an awareness that participation in the program might evoke a level of stress, anxiety, and discomfort
- Possessing a reasonable level of health and fitness for walking in between and working alongside rural community projects

Each student that takes part in our programs is required to have comprehensive medical insurance (travel insurance is highly recommended, but not compulsory).

Students are required to sign and adhere to the policies outlined in EDU Africa's Participant Agreement Form.

ITINERARY FLEXIBILITY AND COST

The itinerary is correct at the time of submission. It is flexible and may be adjusted to meet students' needs. In all cases, we will do our best to preserve the quality of the what is presented herein. However, we reserve the right to modify the itinerary, locations, accommodations facilities and costs if any changes so dictate. All quoted accommodation is subject to availability and confirmed numbers.

Cost for the program based on per person sharing:

Number of paying persons	Free of charge faculty (land arrangements only)	Price per person USD
12 (Tan-Swiss Hotel)	2	\$1 780
12 (Vamos Hotel/Camp Bastian)	2	\$1 720

What this includes:

- All transport, fuel, tolls and road taxes
- Full use of bus with driver for the duration of your program
- 24-hour services of an EDU Africa Program Facilitator
- All accommodation as listed above
- All meals as specified in the daily program
- All activities as listed above

What this excludes:

- All meals and drinks not specified above
- Laundry
- All flights
- All optional extra activities
- Travel & medical insurance
- Items of a personal nature, personal insurances, visas and gratuities
- Please note, a Volunteer Visa is required

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