



## **ARTS, LANGUAGE AND LITERATURE**

Interdisciplinary Sample Program  
Tanzania  
2020



## TRANSFORMATIVE LEARNING JOURNEYS

EDU Africa aims to promote the process of student transformation by utilizing the unique context of Africa to help students broaden their intellectual horizons and grow personally, cross-culturally, professionally, and as global citizens.



**INTERCULTURAL  
COMPETENCE**



**GLOBAL  
CITIZENSHIP**



**PERSONAL  
GROWTH**



**INTELLECTUAL  
GROWTH**



**PROFESSIONAL  
DEVELOPMENT**

## PROGRAM OVERVIEW

Tanzania has a rich and diverse heritage of artistic output, and has captured the imaginations of several artists, writers and performers, both locally and abroad. Zanzibar, an island off the coast of Tanzania, is also a plenteous destination for the arts, and is also exceptionally engaging in the way of Tanzanian history. A number of landmarks and monuments can be found on the East African island. Both Tanzania and Zanzibar have Swahili and Arabic historic influences and, today, are melting pots for the arts, culture and history, thereby making the two destinations excellent springboards for the exploration of artistic expression and its presentation in the modern and global contexts. This program is designed to engage students with interdisciplinary subjects within the arts, focusing on a combination of literary studies, performing arts, Kiswahili language studies, and film studies. It also includes culturally and contextually immersive activities to ensure holistic student development.

## EDUCATIONAL SITE VISITS

- United African Allied Community Center
- Cultural Arts Center
- State University of Zanzibar

## LEARNING OUTCOMES

By the end of this program, students should be able to:

- Demonstrate valuable intercultural communication skills gained through language and culture lessons and workshops as well as first-hand engagements with local communities
- Reflect on global perspectives of African countries, particularly Tanzania, and on the ways in which these can be progressively evolved
- Critically reflect on their individual growth and transformation by means of structured reflection sessions and transformation questionnaires
- Evaluate key themes related to the portrayal of African communities and African countries in literature and film
- Apply intercultural competencies in engaging with various local professionals in the field of arts, culture and film
- Note: Specific learning outcomes and activities can be constructed in collaboration with EDU Africa's dedicated curriculum development team.

## DAILY PROGRAM

Day	Travel	Accommodation	Style	Meals Included	Activities
1	Arrive KIA	Outpost Lodge	Rooms	D	Airport transfer Welcome dinner
2		Outpost Lodge		BLD	EDU Africa cultural orientation Kiswahili Lesson Marketplace challenge Local lunch Ibuka dance workshop Dinner at Fig & Olive
3		MSTCDC		N/A	Lecture on indigenous art, music and culture at CAC Tour of CAC Archives CAC writing workshop
4		MSTCDC		N/A	Work with UAACC Screening of 'Black Panther' and discussion with Charlotte O'Neal
5	ARU – TAR – ISO	Isoitok		BLD	Tarangire National Park game drive Guest lecture on human wildlife conflict by APW Maasai Boma visit, Maasai medicine walk Maasai dance Discussion of oral literature in Maasai culture
6	ISO – NGO – KAR	Country Lodge		BLD	Ngorongoro Crater full day game drive
7	KAR – ARU	Outpost Lodge		BD	Discussion of text (e.g. <i>Green Hills of Africa</i> ) and current and historical threats to wildlife Dinner at George's

					Reflection session
8	ARU – ZAN	Tembo House		BD	Airport transfers Stone Town tour Free evening in Stone Town
9	Zanzibar	Tembo House		BD	Kiswahili workshop with State University of Zanzibar Free afternoon Final Reflection Session Farewell dinner
10	Depart for the US				Airport transfer

Abbreviations: KIA: Kilimanjaro International Airport; MSTDC: MS Training Centre for Development Cooperation; UAACC: United African Alliance Community Center; CAC: Cultural Arts Center; ARU: Arusha; TAR: Tarangire National Park; ISO: Isoitok; NGO: Ngorongoro, KAR: Karatu; ZAN: Zanzibar; B: Breakfast; L: Lunch; D: Dinner

## SUSTAINABLE DEVELOPMENT GOALS

This program engages students with the principles of the following United Nations Sustainable Development Goals:



## LOCAL PROGRAM FACILITATOR

All EDU Africa programs are administered by an expert Local Program Facilitator. The facilitator meets the group of students on arrival at the airport and accompanies them for the full duration of their time on the ground. The facilitator is available at all times to assist with any student and educator needs, thus ensuring the smooth running of the program.

## PROGRAM CONTRIBUTORS

### Charlotte O'Neal



Charlotte O'Neal, also affectionately known as 'Mama C,' is a Founding Director of the United African Alliance Community Center (UAACC) in Arusha, Tanzania. Before moving to Arusha, Charlotte was a Missouri native and a member of the Kansas City Chapter of the Black Panther Party, a prominent civil rights and political organization in the United States. Together with her partner, Pete O'Neal, and inspired by the Black Panther ethos of community upliftment, Charlotte runs the UAACC for the benefit of the community in Arusha. The UAACC has a number of media and arts projects in the fields of music, cinematography, the performing arts and the written word, too. Charlotte is also a co-director of the Arusha Poetry Club, has released a number of studio albums, and is the subject of a couple of award-winning documentaries.

### Randall Stubbs



Randall Stubbs holds a Bachelor of Music in Music Education and Bachelor of Arts in Music Performance from Washington State University in the USA as well as Master of Music in Organ Performance and Pedagogy and Master of Music in Choral Conducting both from Northern Illinois University, USA. Randall has been performing and producing multi-cultural events in the United States for more than 15 years and in Tanzania for the past 9 years. He has an extensive background also in music and theater stage production. Randall is passionate about preserving and promoting Tanzanian culture for local and international audiences.



## ACCOMMODATION

### Outpost Lodge

This lodge was Arusha's very first B&B, opening in 1992. It has received accolades from many sources and has good volumes of repeat guests. They are proud to be one of Arusha's first establishments that is 'disability friendly'. Set in a spacious low density leafy suburb, the grounds are shaded by African tulips, wild fig trees, banana and palm trees. Outpost is a calm, friendly oasis away from the hustle-and-bustle of Arusha city life, but still easily within walking distance of the town center. It offers clean, comfortable and affordable rooms, tasty fresh cuisine, hot and cold drinks, free travel advice and a warm, safe atmosphere.



### MSTCDC

MS Training Centre for Development Cooperation (MSTCDC) offers accommodation in single, twin and family rooming options. It is located in Arusha, a 40 minutes' drive away from the city center. The rooms are furnished with comfortable beds and equipped with en-suite bathrooms. Each unit has a convenient workstation and offers wireless internet access.



### Isoitok Camp Manyara

Isoitok Camp Manyara is set in a rich wild Savannah bush location with an altitude of more than 3500 feet above sea level. It backs onto the Losimingorti mountain range, acting as a natural wildlife corridor from the Ngorongoro highlands through to Manyara conservancy and on into Tarangire National Park. The camp offers high-end safari tents that boast en-suite bathrooms and creature comforts and is committed to sustainable tourism – a portion of all proceeds from the camp is donated to the neighboring Maasai.



## Country Lodge Karatu

Located on the outskirts of Karatu, a quaint country town on the Great Escarpment, midway between Lake Manyara and the Ngorongoro Conservation Area, Country Lodge is situated in the center of Northern Tanzania's green belt district and farming community. Country Lodge Karatu symbolizes simple country comforts, providing pleasant and affordable lodging in the heart of Tanzania's rich and scenic highlands. They are the ideal 'Stepping Stone' for safaris into Ngorongoro Crater and beyond, as well as other travelers visiting the area. The lodge sits within five acres nestled on the edge of Karatu town, surrounded by rolling plains reaching up to the coffee hills of Oldeani and the forests' of Ngorongoro.

Garden paths led to eleven double cottages surrounded by green lawns, hedged by brightly flowered bougainvillea, tropical plants and trees. Birds and butterflies feel right at home in the garden, as you will in the lodgings. Come and enjoy the tranquility, home comforts and warm Tanzanian hospitality that Country Lodge offers.



## Tembo House Hotel

Tembo House Hotel is situated at the heart of Zanzibar's Stone Town, on the picturesque seafront near to shops, restaurants and historical sites. It has a number of rooms in a variety of configurations. Some offer views of the pool or garden while others offer ocean views. The twin rooms, ideal for student groups, are furnished with beds, closets, desk and chairs, a mini fridge and coffee/tea making facilities. Each room also has an en-suite bathroom, a television with cable, a telephone, and complimentary water. The hotel provides complimentary wireless internet access and also has a 24-hour reception desk for guests' convenience.





## CURRICULAR ACTIVITIES

### Lecture at Cultural Arts Centre

The Cultural Arts Centre (CAC) in Arusha, Tanzania was developed by the Tumbaini University's music department with support from the European Union Development Fund between 2014 and 2018. It is located in Makumira just behind the university. The center aims to develop Tanzania's music culture by acting as a base and archive for music research and documentation as well as running programs that empower and train up-and-coming artists and performers in the country. Students will receive a lecture on indigenous arts, music and culture and, thereafter, take a guided tour of the Cultural Arts Centre's archives, and participate in a writing workshop.

### Work with United African Alliance Community Center

The United African Alliance Community Center is a community-based non-profit organization established in Imbaseni, a village near Arusha, in 1991. It was started by North American expatriates, and African-American couple, Pete and Charlotte O'Neal. The center works in and around Arusha, providing programs aimed at both enriching the local community as well as strengthening ties with the African diaspora. While both Pete and Charlotte were members of the Black Panther Party in the United States, Pete was also a founding member of the Kansas City Chapter thereof. Their work continues to be inspired by their time as Black Panthers. While at the UAACC, students will view a screening of the Marvel film 'Black Panther,' based on a fictional utopian African nation said to be located in East Africa. The film offers an artistic lens through which to unpack and analyze modern day African countries such as Tanzania. Following the film's screening, students will have the opportunity to hold conversation with Charlotte O'Neal thereto.

### Discussion of oral literature in Maasai culture

The Maasai are an ancient people in Kenya and Tanzania. They have retained their nomadic ways of life – resisting state and other pressures to urbanise. The Maasai speak Maa, a language from which their name is derived with 'Maasai' meaning people who speak Maa. Strong oral traditions have allowed the Maasai to pass their histories and traditions down through generations for centuries on end. Students will have the opportunity to engage in discussions with Maasai community members who will give them insight into the importance of oral traditions and of diversity in forms of knowledge generation and propagation.

### Discussion of text

Students will engage in a discussion on present day threats to wildlife and the environment. Texts such as the *Green Hills of Africa* by Ernest Hemmingway will be used as analytical tools by which to compare and evaluate historical environmental problems and approaches to conservation with those employed in the modern day.

### Stone Town Tour

Stone Town, also known as Mji Mkongwe, is located on the most eastern coast of Zanzibar. Its location and accessibility thereof made it an opportune locale for trade and a plethora of markets. Formerly a Swahili town with Arabic influences, it is now a cultural and historical attraction. It retains a lot of its original townscape with massive buildings primarily made of coralline ragstone and mangrove timber, dating back to the 18<sup>th</sup> and 17<sup>th</sup> centuries. Stone Town was also one of the last open slave hubs in the world, closing only in 1873. Many of the monuments still in the town today were, in fact, built by slaves. Stone Town was declared a World Heritage Site in 2000. Students will be taken on a guided tour of Stone Town where they will be shown various sites such as the slave caves and the slave market, thereby being acquainted with the town's slavery history.



## **State University of Zanzibar Kiswahili workshop**

The State University of Zanzibar has a Department of Kiswahili for Foreigners is located in Stone Town, Zanzibar. The department is dedicated to the promotion and spread of Kiswahili. Offering a number of Kiswahili language lessons – from beginners to advanced levels, as well as courses designed for tourists – it aims to become the preferred center for learning Kiswahili on a global level. Students will have the chance to participate in a comprehensive workshop led by a member of the department, thereby allowing them to expand their knowledge of the language and enhance their skills.

## **CO-/EXTRACURRICULAR ACTIVITIES**

### **EDU Africa cultural orientation**

EDU Africa offers a comprehensive introductory orientation session at the start of the program to kickstart students' acclimation period. The orientation session begins with an overview of EDU Africa and its transformative goals, thereby grounding the program and some of the central aspects thereof, in context. It is led by the local program facilitator who will guide and support the group for the duration of their stay. The orientation is designed to give students a brief introduction to their surroundings – contextualizing the country setting and providing information pertinent to the group's safety and overall experience throughout the program. The program facilitator will also provide an outline of the program and discuss the roles and responsibilities expected of the student group while in-country. Students will have the opportunity to ask questions towards the conclusion of the orientation session.

### **Kiswahili lessons**

In the service of increasing students' intercultural communication skills, they will receive language lessons in Kiswahili. Kiswahili is the national language of four African countries: Kenya, Tanzania, Uganda and the DRC, and is spoken in numerous other countries in Eastern and South-Eastern Africa. Students will have the opportunity to practice their Kiswahili skills with Kenyan community members as the program progresses.

### **Arusha Marketplace Challenge**

The Arusha Challenge is a team-building exercise and a great way to get to know the local culture and community members. The group will be divided into teams and given a range of exciting tasks to complete – there are points to be gained for speed, linguistic skills, artistic abilities and creativity. It is a half-day event, and the tasks will take students around the city to people's homes, shopping stalls, schools and more. It is a challenge all will want to accept.

### **Ibuka Dance**

Ibuka Dance Foundation is a Tanzanian non-profit organization founded in Arusha, in April 2014 by Canadian dancer, pedagogue and choreographer Anna Bussey. She met inspiring dances on her visits to Tanzania during 2012-2013. Ibuka was launched as a means to provide these dancers and many like them with the infrastructure and opportunities to advance their craft. It is a studio theatre dedicated to dance and acts as a space for afro-contemporary dance creative innovation. Students will have the opportunity to watch a spectacular performance by students of the foundation.

## **Tarangire National Park Game Drive**

After the Serengeti, Tarangire has the greatest concentration of wildlife in Tanzania. In the dry season, the Tarangire River is a magnet for thirsty wildlife. Large herds of elephant and migratory wildebeest, zebra, buffalo, impala, gazelle, hartebeest and eland gather and, not surprisingly, the predators follow. This is also the one place in Tanzania where dry-country antelope such as oryx and gerenuk are regularly spotted. Tarangire is known for its spectacular baobab trees and its breath-taking views of the Maasai Steppe and the mountains to the south. Located just a few hours' drive from the town of Arusha, Tarangire is a popular stop for safaris travelling through the northern circuit on their way to Ngorongoro and the Serengeti. The park extends into two game-controlled areas and the wildlife are allowed to move freely throughout.

## **Maasai Boma Visit**

The Maasai are an iconic nomadic people in Kenya and Tanzania. Students will have the opportunity to visit a Maasai *boma* (homestead) where they can engage with Maasai elders, warriors, women and children. This will give them insight into the Maasai's nomadic ways of life, their family structures as well as the ways in which they relate to wider society.

## **Maasai Medicine Walk**

Students will take a leisurely late afternoon walk through the land surrounding the Isoitok campsite. The group, led by a local Maasai guide, will walk to one of several viewpoints overlooking Lake Manyara and The Great Rift Valley, they will learn about the various root and plant extracts used by the Maasai to treat ailments of all sorts. The local Maasai guide will be available to ask any questions along the way. The walk concludes with a view of the sunset over Lake Manyara.

## **Maasai Traditional Dance**

Students will have the opportunity to experience the songs and dance of the Maasai. They will learn about the traditional history and meanings behind the various songs and dances, and will also have the chance to join in.

## **Ngorongoro Crater Game Drive**

The Ngorongoro Crater is a prime game-viewing area, making it one of Tanzania's major attractions. Within the crater rim a daily wildlife drama is played out as large herds of zebra and wildebeest graze near lions, leopards, elephants and black rhinos. Outside the crater, Maasai herdsman co-exist with the wildlife in the Ngorongoro Conservation Area.

## STUDENT ELIGIBILITY REQUIREMENTS

Students participating in this program should be aware of and be prepared to handle the following essential elements:

- Walking moderate distances during service-learning engagements and outdoor activities
- Driving on rough roads for extended periods of time
- Living in a setting where internet and/or WiFi access can be challenging/slow/non-existent
- Managing dietary needs with limited available options in certain communities
- Possessing an awareness that participation in the program might evoke a level of stress and discomfort as they are in an unfamiliar environment with peers that they may not know
- Being aware that they may feel uncomfortable in certain community settings and may not be able to articulate why they feel this way

Each student that takes part in our programs is required to have comprehensive medical insurance. Travel insurance is highly recommended, but not compulsory.

**Students are required to sign and adhere to the policies outlined in EDU Africa's Participant Agreement Form.**

## ITINERARY FLEXIBILITY AND COST

The itinerary is correct at the time of submission. It is flexible and may be adjusted to meet students' needs. In all cases, we will do our best to preserve the quality of the what is presented herein. However, we reserve the right to modify the itinerary, locations, accommodations facilities and costs if any changes so dictate. All quoted accommodation is subject to availability and confirmed numbers.

### Cost for the program based on per person sharing:

Number of paying persons	Free of charge faculty (land arrangements only)	Price per person USD	Single Supplement
6 – 8	1	\$2 200	\$ 265

### What this includes:

- All transport, fuel, tolls and road taxes
- Full use of vehicle for the duration of your program
- 24-hour services of an EDU Africa Program Facilitator
- All accommodation as listed above
- All meals as specified in the daily program
- All activities as listed above

### What this excludes:

- Wi-Fi (only available as provided by accommodations)
- All meals and drinks not specified above
- Laundry
- All flights
- All optional extra activities
- Travel & medical insurance
- Items of a personal nature, personal insurances, visas and gratuities

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