Longitudinal Changes in Neural Substrates of Inhibitory Control from Childhood to Adolescence among Youths with and without ADHD: **A Counting Stroop Functional MRI Study**

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Introduction

- Inhibitory control in children with attention-deficit/hyperactivity disorder (ADHD) may improve when they enter adulthood.
- The right inferior frontal gyrus (rIFG) and dorsal anterior cingulate cortex (dACC) are consistently reported to be impaired in ADHD during inhibitory control tasks. Whether the dysfunction in these brain regions would normalize is still inconclusive.
 - Some researchers argued that little dysfunction in frontal lobe was observed when patients with ADHD reached adulthood (Cortese et al., 2012; Lei et al., 2015).
 - Others still found significant ineffectiveness in brain functions in adults with ADHD (Hart et al., 2013; McCarthy et al., 2013).
- It may be that these studies are cross-sectional neuroimaging studies.

	ADHD (N = 40)	TD (N = 38)	<i>p</i> value
Gender (M:F)	36:4	32:6	.51
Handedness (L:R)	3:37	3:35	N/A
Age at time 1 (SD)	11.4 (2.1)	11.2 (2.1)	.66
Age at time 2 (SD)	16.2 (1.9)	15.6 (2.7)	.25
Follow-up interval	4.8 (0.6)	4.3 (1.5)	.11
FSIQ	107.7 (11.0)	111.8 (9.8)	.08

Materials

- Counting Stroop Task (Bush, 1998; Fan et al., 2014)
 - An event-related fMRI paradigm
 - $2 \text{ runs} \times 36 \text{ trials}$ (12 trials for each condition)
 - Report the number of words (one to four) by pressing buttons
 - Complete within a scanner twice with a 4-year interval





Method



Correlation analysis for ADHD: accuracy improvement and change of dACC activity (time 2 – time1)



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Imaging Results

Regression analysis for ADHD:

Discussion

• The developmental changes of rIFG activation is different from that of the TD group.

 \rightarrow The development of initiating the inhibitory control process in ADHD is dramatically delayed. With age, the efficiency in recruiting the dACC increases in ADHD, but still lags behind the development of the TD group. \rightarrow The improvement of the counting Stroop task is attributed to the enhancement of performance monitoring. • In addition, the early maturation of dACC plays an important role in the development of inhibitory control. • To conclude, when children with ADHD reach adolescence, their ability of monitoring performance enhances during inhibitory control, which makes their response more accurate; their ability of initiating inhibitory control is still aberrant even in adolescence.

Acknowledgments

dACC activity at time 1 predicts reaction times at time 2