

INTRODUCES PEAK EXPEDITIONS



A culminating experience designed to bring Purpose-Driven Adventure Therapy to Outback. PEAK expeditions is a week of high adventure activities specifically for students approaching transition from wilderness. Adventure Therapy is introduced to fuel critical analysis of acquired skills and identify continued areas of growth and focus moving forward.

During PEAK, students will have the opportunity to REapply acquired skills/tools, REassess progress made, and REalign focus for sustained success. This PEAK experience provides students and families with the most comprehensive and up-to-date road map for adventures beyond Outback.



REapply

APPLICATION OF WHAT HAS BEEN LEARNED

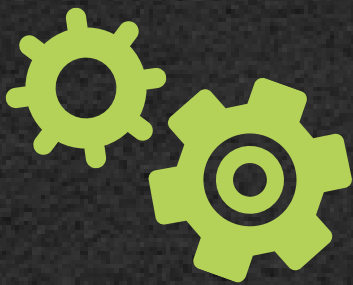
Students will take what they have gained throughout their stay and enter a new student group and taken into a new environment to apply learned skill sets during a week of high adventure activities



REassess

ASSESSMENT OF WHERE THEY ARE NOW

Staff, as well as students, have a unique opportunity to re-evaluate various levels of growth and success focused on measuring aptitude level for transition and transferring skill sets beyond wilderness



REalign

ACCOMPLISHMENTS AND ADJUSTMENTS

Students engage in a process where they see first hand how they CAN continue their successes. Through this practice, they understand where they have learned to let go of old habits and fears while simultaneously recognizing areas that may require further growth.

How Does it Work? Upon confirmation of clinical readiness by the Primary Therapist, students are brought together into a new group, new environment, and given new challenges. Equipped with specific therapeutic goals and intentions, our students progress into a week long Adventures-Based expedition with certified Adventure Specialists and Field Staff.

What will they do? Each PEAK expedition will consist of a week long adventured based programming. High-adventure activities may include:

- Rock Climbing
- Rappelling
- Hot Springs
- Rafting
- Caving
- Snow Showing
- Canyoneering
- Low Ropes Initiatives

CONTACT US FOR MORE INFORMATION

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