

The Expression of Schizotypal Traits in Different Racial and Ethnic Groups

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INTRODUCTION

BACKGROUND: Schizotypal traits are a phenotypic indicator of schizotypy that underlie schizophrenia-spectrum proneness^{1,2} and parallel schizophrenia symptoms^{3,4} across three core domains (positive, negative, disorganized).^{5,6}

Literature indicates demographics such as race and ethnicity are linked with schizotypy in the general population. 1,7,8,9

Studies using the schizotypal personality questionnaire (SPQ)^{1,7,10,11} found lower positive, negative, and disorganized schizotypal traits among White individuals compared to other racial and ethnic groups.

CURRENT AIM: We sought to replicate prior findings of racial and ethnic group differences in schizotypal traits in a non-clinical population¹ of emerging adults.

HYPOTHESIS: White participants would report fewer positive, negative, and disorganized schizotypal traits than all other racial and ethnic groups.

METHODS

PARTICIPANTS: 775 (243 M / 532 F) undergraduates, ages 18 to 37 years, recruited from an urban, public university.

Race

12 American Indian or Alaskan Native

195 Asian

143 Black and/or African American

16 Native Hawaiian or Other Pacific Islander

White

189 Other

Ethnicity

Hispanic or Latino

Not Hispanic or Latino

PROCEDURES: Self-report measures were administered online, remotely via computer.

MEASURES:

- Basic demographic survey to assess race and ethnicity
- SPQ¹² to assess schizotypal traits
- Chapman Infrequency Scale¹³ to ensure valid responses.

METHODS

ANALYSES: Multivariate ANOVA examined racial and ethnic group differences by schizotypal trait domain; namely, Cognitive-Perceptual (SPQ-CP; positive), Interpersonal (SPQ-I; negative), Disorganized (SPQ-D), and Total (SPQ-T) traits. Follow-up ANOVAs and Tukey HSD were used. Alpha level set at .05; tests were two-tailed.

RESULTS

Overall MANOVA: SPQ scores significantly differed by race but not ethnicity [Pillai's Trace = 0.05, F(20,3052) = 1.74, p = .02].

Follow-up Analyses: SPQ-T [F(5,684) = 4.08, p = .001], SPQ-I [F(5,248) = 5.64, p < .001], and SPQ-CP [F(5,150) = 2.52, p = .03] scores differed significantly by race. SPQ-D difference by race was not statistically significant [F(5,21) = 1.42, p = .22].

Tukey HSD Post-Hoc Analyses: On **SPQ-T**, White participants (M = 23.23, SD = 13.19) differed significantly from Asians (M = 29.35, SD = 13.50; MD = -6.12, SE = 1.27, p < .001), Black and/or African Americans (M = 27.71, SD = 11.98; MD = -4.48, SE = 1.39, p = .02), and Others (M = 28.90, SD = 12.83; MD = -5.68, SE = 1.28, p < .001). On **SPQ-I**, White participants differed significantly from Asians (MD = -3.49, SE = .65, p < .001), Black and/or African Americans (MD = -3.09, SE = .71, p < .001), and Others (MD = -3.61, SE = 0.66, p < .001). On **SPQ-CP**, White participants reported fewer traits than Asians (MD = -2.85, SE = 0.759, p = .003) and Others (MD = -2.42, SE = 0.77, p = .02).

Figure 1: Mean Values for Schizotypal Negative Traits by Race and Ethnicity

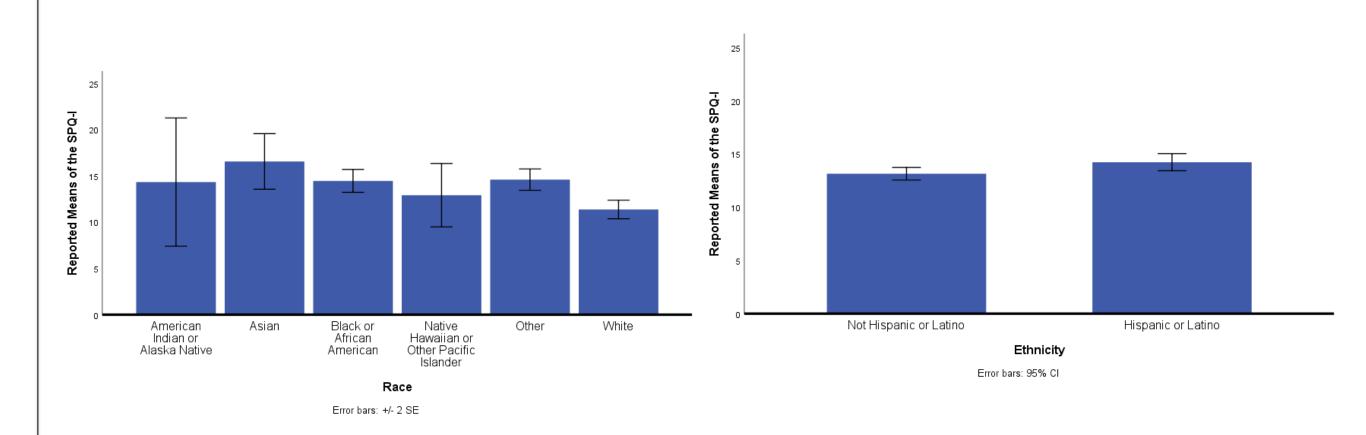
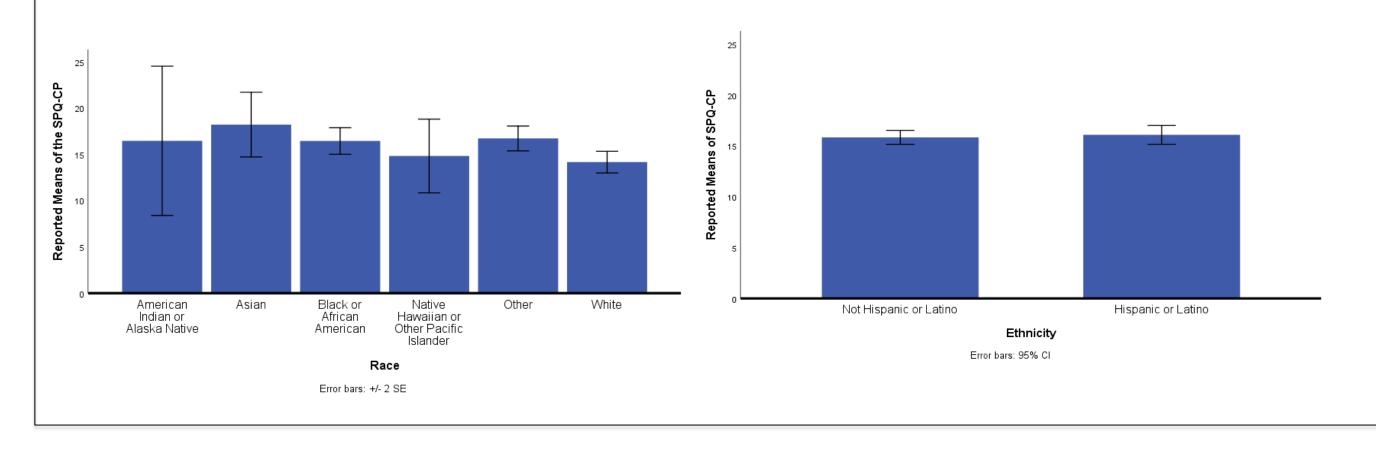


Figure 2: Mean Values for Schizotypal Positive Traits by Race and Ethnicity



DISCUSSION

- Racial, but not ethnic, group differences were demonstrated in schizotypal traits. Specifically, White individuals reported significantly fewer negative and total schizotypal traits than Asians, Black and/or African-Americans, and Others. Additionally, White individuals reported significantly fewer positive traits than Asians and Others.
- Overall, results support our hypothesis (except for schizotypal disorganized traits) and largely replicate majority of prior research demonstrating fewer positive and negative schizotypal traits among White individuals as compared to other racial and ethnic groups.
- A previous study¹⁴ found own-group ethnic density in neighborhoods may mitigate risk for psychotic experiences. This may apply to racial identity as well.
- Our findings may be attributable to, at least in part, potential "buffering" effects of own-group racial density. ¹⁴ Further investigation is needed to clarify how own-group density may safeguard against or exacerbate mental health issues.

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