

# Higher maternal education is related to greater executive functions and decreased functional connectivity between cognitive control networks and reading related regions in children with reading difficulties.

Paige B. Greenwood<sup>1</sup>, Mark DiFrancesco<sup>2</sup>, Mekibib Altaye<sup>3</sup>, Elisha Scott<sup>4</sup>, John Hutton<sup>4</sup>, Jonathan Dudley<sup>4</sup>, Jennifer Vannest<sup>5</sup>, & Tzipi Horowitz-Kraus<sup>1,4,6</sup>

<sup>1</sup>College of Medicine, University of Cincinnati, Cincinnati, OH; <sup>2</sup>Department of Radiology; <sup>3</sup>Division of Biostatistics and Epidemiology; <sup>4</sup>Reading and Literacy Discovery Center;

<sup>5</sup>Department of Neurology, Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio; <sup>6</sup>Educational Neuroimaging Center, Technion-Israel Institute of Technology, Haifa, Israel

המרכז לדימות מוחי בילדים  
Educational Neuroimaging Center



## Introduction

- Reading difficulty (RD or dyslexia) is characterized by deficits in language processing and executive functions (EFs) [1].
- EFs include cognitive abilities underlying learning such as working memory, inhibition and switching, as well as attention [2]
- Networks such as Dorsal Attention (DAN) and Ventral Attention (VAN) are involved in basic orienting attention and Fronto-Parietal (FP) and Cingulo-Opercular (CO) are involved in executive control [3].
- Children can have RD also due to environmental effects of inadequate resources, lack of stimulation or motivation [4]. Socioeconomic status (SES) consists of household income, maternal education, and occupation [5].
- Maternal education is associated with parent-child interaction and cognitive developmental outcomes [6].



## Aims

To determine the relations between maternal education and basic abilities related to reading (such as EFs) in children with RD and typical readers (TRs) using behavioral and neurobiological measures.

## Methods

- Forty-six children, 25 RD ( $x=9.76 \pm 1.42$ ;  $F=13$ ) and 21 typical readers (TRs) ( $age=10.05 \pm 1.47$ ;  $F=6$ ).
- No history of attention deficits, neurological or psychiatric disorders.
- Maternal education was collected as a construct of SES.
- All participants had intact non-verbal intelligence (IQ)  $\geq 85$  (TONI-4) [7].
- RD participants scored  $<25^{th}$  percentile on two or more reading tests [8].

### Behavioral Measures

#### Executive functions:

- BRIEF Inhibition [9]
- CPT detectability [10]
- TEA-Ch Sky Search Dual Increment Task [11]
- DKEFS Color Naming Inhibition/Switching [12]
- DKEFS Verbal Fluency: FAS [12]

### Behavioral Data Analysis:

- Compared EFs measures between RD and TRs using independent t-tests.
- To determine the correlations between EFs measures with maternal education for RD and TRs, controlling for non-verbal IQ.
- Data is corrected for multiple comparisons.

### Neuroimaging Acquisition and Analysis:

- 25 RD and 21 TRs participated in two 5 minute resting state scans: 430 whole brain scans per resting state imaging sequence.
- Imaging data were acquired using a 3T Phillips Ingenia Scanner. T1 weighted images were acquired for each participant with TR/TE of 700/30 msec.
- The data were preprocessed using SPM12 and then processed using the CONN: functional connectivity toolbox.
- Defined ROIs comprising these networks (DAN, VAN, FP, CO) using anatomic locations from the WFU-pick atlas tool [2, 13].

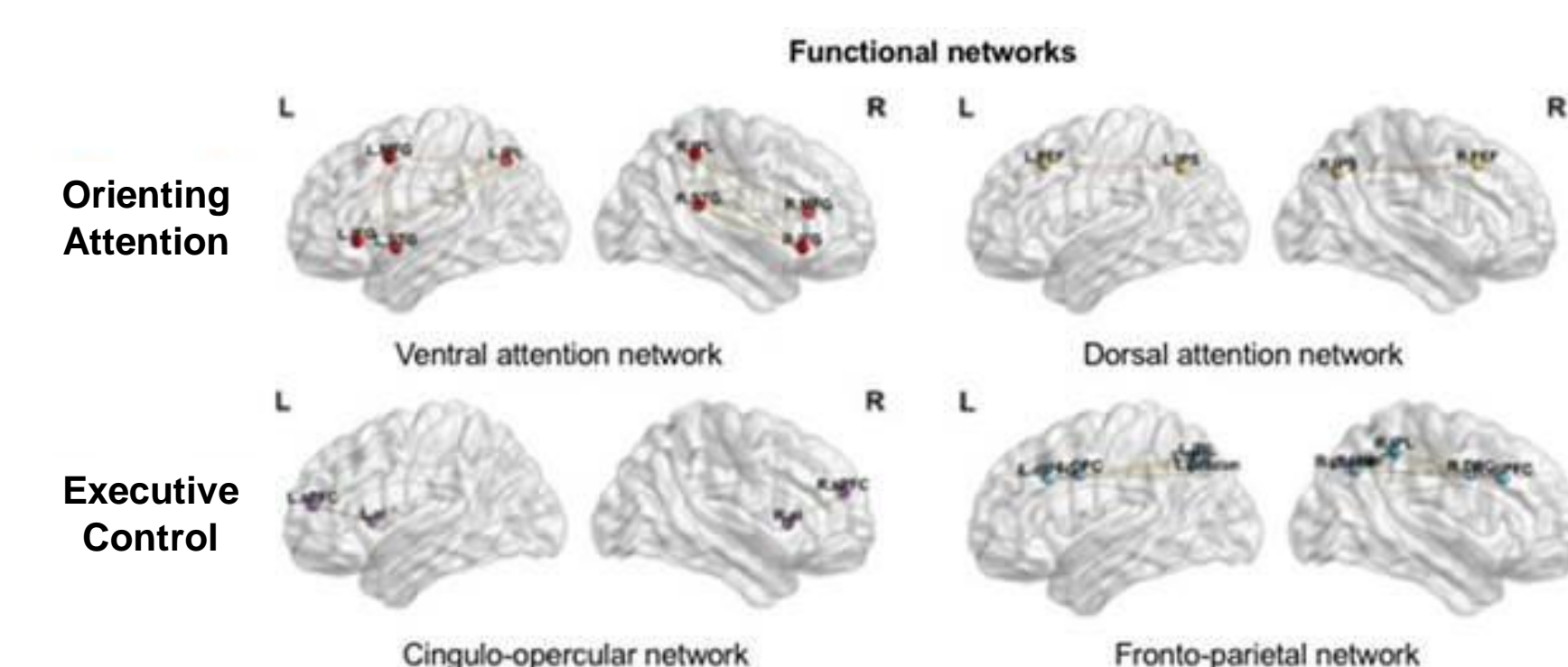


Figure 1. Visualization of orienting attention (ventral and dorsal attention) and executive control (cingulo-Opercular and fronto-parietal) networks on a glass brain.

- Seed-to-voxel analysis was performed by calculating correlations of BOLD time-series of each seed to those of all the voxels in the brain, controlling for non-verbal IQ.
  - Each network was weighted equally as a seed.
- Maternal education was used as a covariate of interest.

## Results

### Behavioral Measures:

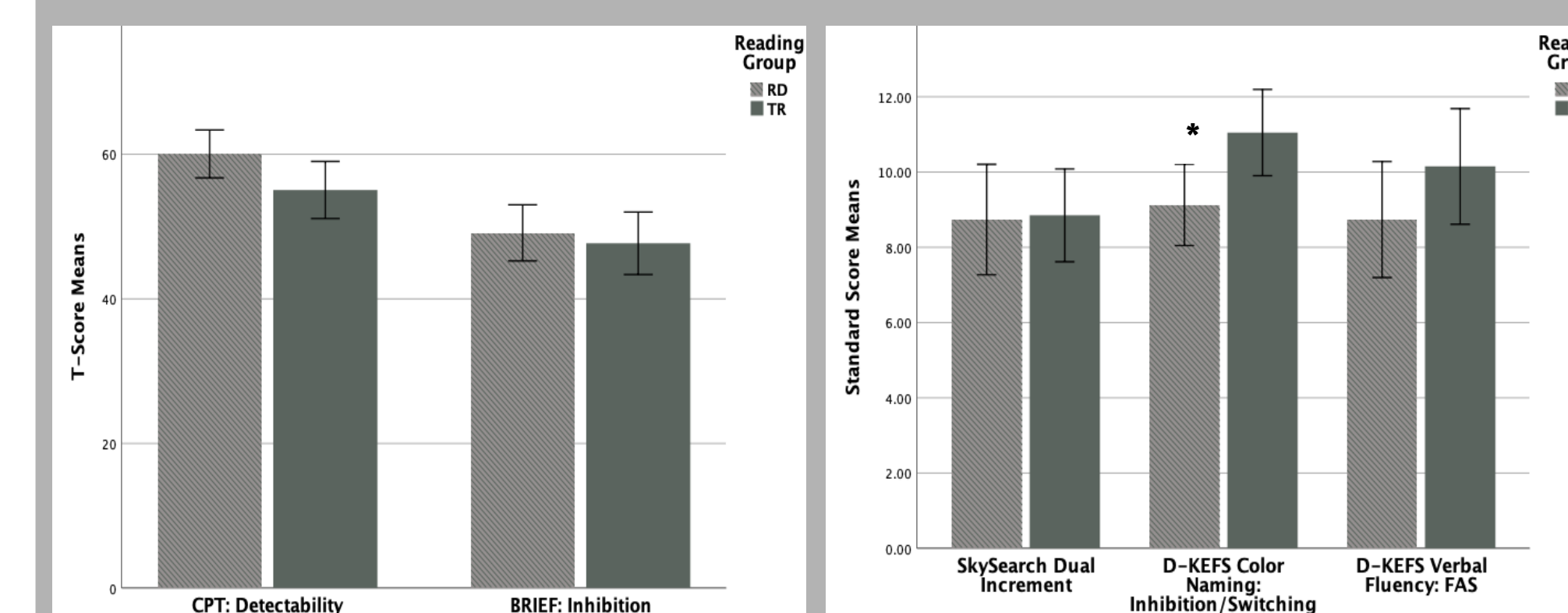
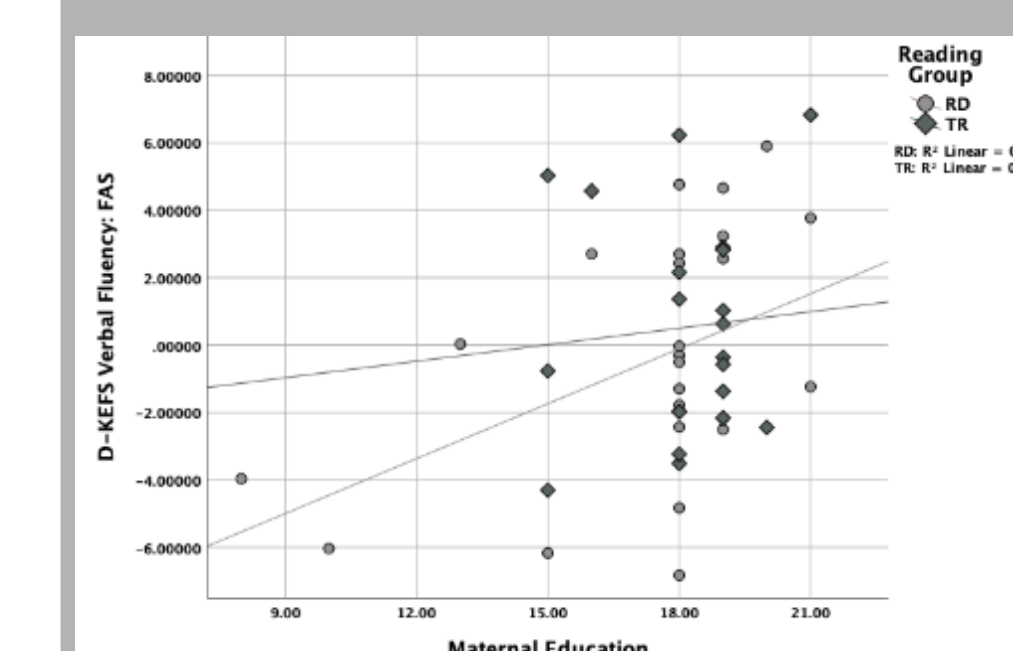


Figure 2. Mean differences in EFs measures for children with RD and TRs ( $*P<0.05$ ).

### Higher maternal education is related to greater EFs abilities in children with RD and TRs.

#### A). Phonemic Fluency



#### B). Impulsivity

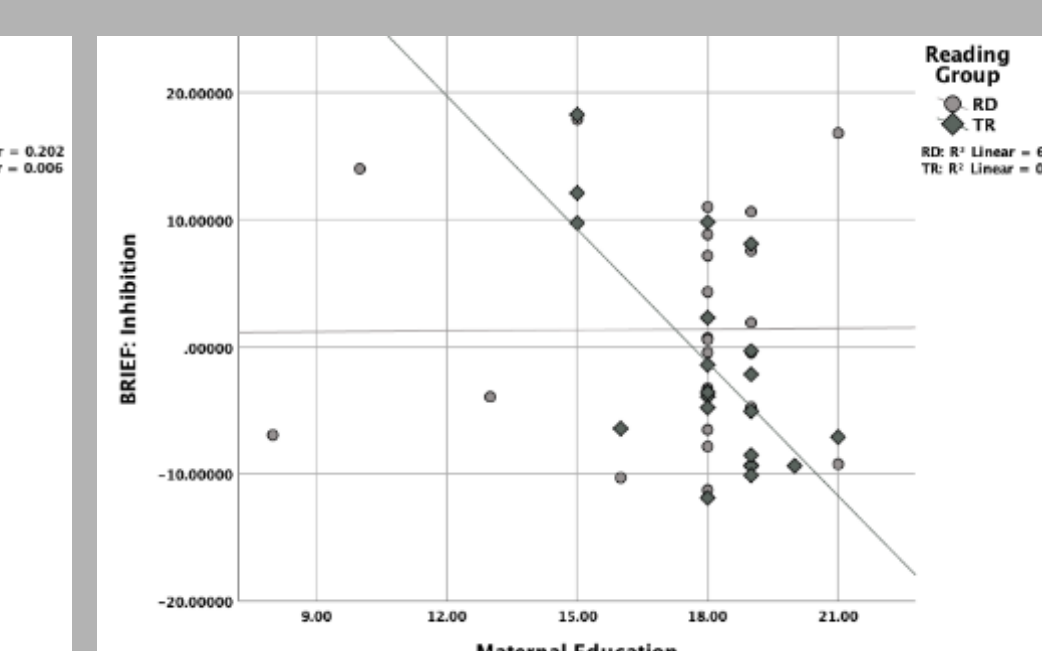


Figure 3. Correlations between EFs measures and maternal education for children with RD and TRs controlling for non-verbal IQ. (A). Phonemic fluency [RD:  $*P<.05$ ,  $r=.448$ ], (B). impulsivity [TRs:  $*P<.05$ ,  $r=-0.646$ ]. BRIEF impulsivity for TRs survived multiple comparisons  $*P<.01$

### Cognitive control networks connectivity and voxels within reading related regions:

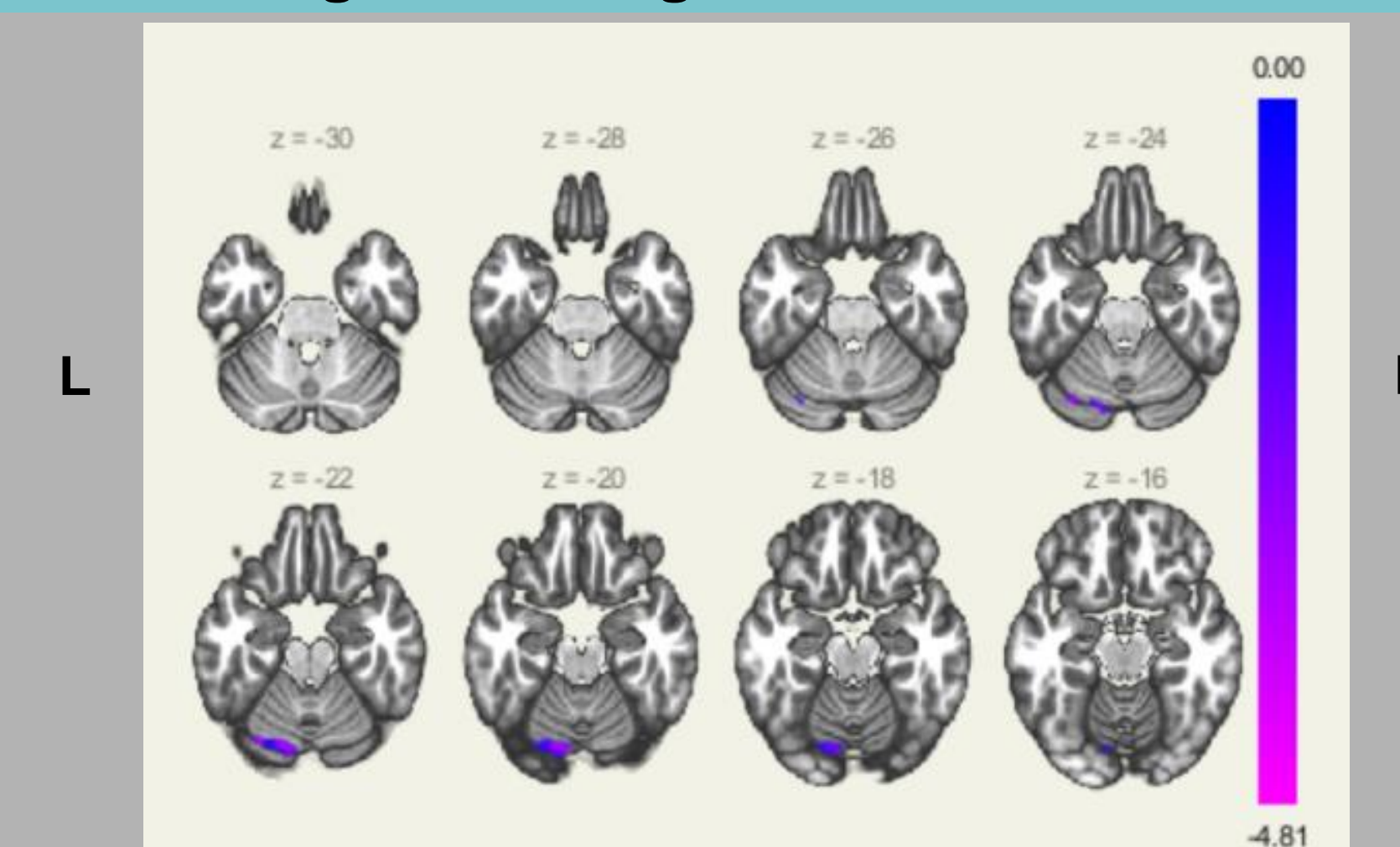


Figure 4. Higher maternal education associated with decreased connectivity between DAN and a cluster of voxels within the left cerebellum, left fusiform gyrus, and left lingual gyrus for RD>TRs. The Fig. is presented in neurological orientation (left on left, right on right)  $*P<.05$ , FDR-corrected.



Figure 5. Higher maternal education associated with decreased connectivity between FP and a cluster of voxels within the left cerebellum, left fusiform gyrus, and left lingual gyrus for RD>TRs. The Fig. is presented in neurological orientation (left on left, right on right)  $*P<.05$ , FDR corrected.

## Discussion

- Children with RD whose mothers' have higher educational attainment performed better on tasks that probe phonemic fluency.
- TRs whose mothers' have higher educational attainment had reduced impulsivity.
- Children with RD with mothers who have higher educational attainment may rely less on top-down networks related to EFs.
- Results point at maternal education having different roles in cognitive control for children with RD and TRs during reading.
- Higher maternal education may be a compensatory mechanism for children with RD by engaging abilities that support reading (EFs).

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