# Using a Memory Game to Enhance Frontal Activation in 3.5-Year-Olds **During an Executive Function Task**

## Introduction

The dimensional change card sort (DCCS) task requires children to sort cards by one dimension (e.g. shape) and then switch to sort by another dimension (e.g. color). Typically, 3-year-olds, but not 4-year-olds, perseverate and continue using the preswitch dimension when instructed to switch. Prior exposure to the post-switch dimension in the form of a memory game facilitates performance of 3-year-olds in the post-switch phase of this task (Perone et al., 2015; 2019). The goal of this project was to explore the neural basis of this effect. Functional near-infrared spectroscopy (fNIRS) was used to measure hemodynamic activity while performing the DCCS from left frontal, left temporal, and right parietal regions previously implicated in dimensional attention (Morton et al., 2009; Buss & Spencer, 2018).





University of Tennessee, Knoxville<sup>1</sup>, Washington State University<sup>2</sup>



### Conclusions

- Post-switch phase of DCCS showed activation in left frontal, left temporal, and right parietal cortices.
- Children that played the memory game prior to DCCS had greater activation of the left frontal cortex during the post-switch phase. Previous studies found an increase in post-switch performance in the memory game group (Perone et al., 2015; 2019), which may be associated with an
- increase in frontal cortex recruitment; however, performance differences were not found in the current study. Our results support predictions of a dynamic neural field model (Buss & Spencer, 2014; Perone et al. 2015), which demonstrates how experience with perceptual dimensions can enhances activation of frontal cortex.

### References

- Buss, A. T. & Spencer, J. P. (2018). Changes in frontal and posterior cortical activity underlie the early emergence of executive function. Developmental Science, 21(4), e12602. • Morton, J.B., Bosma, R., & Ansari, D. (2009). Age-related changes in brain activation associated with dimensional shifts of attention: an fMRI study. Neuroimage, 46(1), 249-256.
- Perone, S., Molitor, S.J., Buss, A.T., Spencer, J.P., & Samuelson, L.K. (2015). Enhancing the executive functions of 3-year-olds in the dimensional change card sort task. Child Development, 86(3), 812-827.
- Perone, S., Plebanek, D.J., Lorenz, M.G., Spencer, J.P, & Samuelson, L.K. (2019). Empirical tests of a brain-based model of executive function development. Child Development 90(1), 210-226.

