



PSYCHOLOGY/SOCIAL SERVICES

Multiple Locations

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LONDON, ENGLAND

Psychotherapy Counseling

This counseling center was set up with the goal of providing psychological therapies to deal with the specific problems of anxiety, depression, panic, obsessive-compulsive disorder, health and social anxiety. Interns in this placement will be able to learn more about these particular cases and how a counseling center in the UK operates. The role will allow for both clinical shadowing and relevant administrative tasks. The intern will learn how to set up and run a private psychotherapy practice, learn specific modalities for healing addiction, and gain valuable experience in a private practice in London. The intern will have the opportunity to develop their clinical and practical skills in relation to group supervision and practice meetings. Case studies will demonstrate how to adapt theories and develop a clinical workplace.

London Youth Outreach and Support

This organization works with young people who are facing drug or alcohol issues. They provide advice and information on harm reduction and prevention, as well as therapeutic interventions to complement the needs of young people accessing the service. The staff team has extensive experience of working in schools, colleges and youth focused centers - providing information, advice and guidance on matters relating to drug/alcohol use. They work with other professionals, parents, and young people to provide specialist support and flexible access on evenings and weekends.

Research for Mental Illness Organization

This organization provides a clear pathway for people with long term mental health problems to progress from when they first reach out for help to living a more fulfilling role within their community. They do this by providing support through a process of establishing and meeting personal recovery goals. The preferred intern would have skills in: research project design (including methods, ethics, and data collection standards and approaches), working with educational professionals, and project planning and monitoring.

DUBLIN, IRELAND

Youth Social Services

This agency is responsible for improving the wellbeing and situational outcomes for children. It represents the most comprehensive reform of child protection, early intervention, and family support services ever undertaken in Ireland. The staff delivers a wide range of comprehensive and effective services for children and families.

Intern tasks may include:

-Working alongside and shadowing social workers

- Meeting with clients and families
- Accompanying clients, families, and social workers to court
- Completing case notes and projects for various cases

Mental Health and Addiction Support

This company works with people dealing with or affected by addiction. It acts as a referral agency for people on a range of issues, including treatment options, rehabilitation schemes, and addiction counseling services.

Intern tasks may include:

- Assisting with drop-in service available to active drug and alcohol users
- Maintaining the database of visitors and entering new data as available
- Assisting with one-on-one interventions
- Contributing to care plans, case management processes and solution interventions
- Organizing and evaluating activities and workshops
- Assisting with efforts on common health matters related to substance abuse

Childhood and Teenage Development

This nonprofit provides a range of innovative interventions that empower young people to reach their full potential and participate well in society. It offers various programs focused on learning, mentoring, and personal/social development. Its overall mission is to address and mitigate socio-economic and educational imbalances in Ireland, particularly at the childhood and teenage level.

Intern tasks may include:

- Working with participants in activities and trips; helping them with meals and homework
- Providing feedback to supervisors about participants and progress
- Shadowing social workers during visits to families
- Attending meetings between social care workers and children
- Attending team meetings with the social workers and psychologists

NEW YORK CITY, USA

Psychotherapy Internship at a Training Center

This organization is one of New York's top LGBT psychotherapy and training centers. They advocate for personal growth, free of traditional gender, sexual orientation or cultural bias and provide care to their clients, helping them resolve issues causing emotional distress. It is a training institute with therapists offering a broad range of therapeutic approaches, ensuring clients get the best fit for their problems. The intern is likely to be working on a number of projects during their internship. One main project will be to organize a workshop related to therapy/counseling where they will choose the workshop topic, secure the speaker, and promote the

event to our colleagues and the staff. This project will be alongside administration and outreach efforts for the benefit of the clinic.

Humanitarian Organization Internship

This organization is dedicated to fostering a meaningful, peaceful, and fair world in which every individual strives for physical, mental, social, and spiritual health. The team encourages healthy relationships (on an individual and national level) through practices of honesty, forgiveness, non-violent communication, and compassion. The organization has ties to the UN and operates in 45 countries around the globe.

Intern tasks may include:

- Providing research on human rights, new initiatives at the UN, and updates about what other teams within the organization are accomplishing
- Attending high level meetings with other NGOs, and possibly at the UN
- Other projects based on the intern's personal and professional goals, as well as organizational priorities