

# Autonomic Inflexibility in Early Adolescence is Related to CU Traits During Parent-Child Interactions

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**BACKGROUND**

- Conduct Disordered youth with Callous-Unemotional (CU) traits mark a subgroup at risk for severe aggression
- CU traits are associated with blunted autonomic functioning.
- Little is known about the relationship between CU traits and autonomic flexibility as environmental demands change

**STUDY AIMS**

- Model Respiratory Sinus Arrhythmia (RSA) flexibility using a piecewise Linear Growth Curve Model (LGCM) across 3 different interactions (See **Figure 1**)
- Test for differences in RSA among youth with and without clinically serve CU traits

**METHODS**

- N: 162 (ages 10-14,  $M_{age} = 12.03$ , 47% female)
- N: 29 with clinically severe CU traits
- RSA across 3 time periods:
  - Reading to a Parent and an RA: 4 mins
  - Transition/Recovery Period: 2 mins
  - Conflict Discussion with a Parent: 8 mins

**RESULTS**

**AIM 1: Multiphase Linear Growth Curve Model**  
 Estimated RSA trajectory derived from fitted model (See **Figure 2**)

- Intercept (**a**;  $M = 6.78$ ,  $p < .001$ )
- Slope of reading (**b**;  $M = -.082$ ,  $p < .001$ )
- Slope of recovery from reading (**c**;  $M = .115$ ,  $p < .001$ )
- Slope of conflict discussion (**d**;  $M = -.013$ ,  $p < .05$ ).

**AIM 2.1: Multivariate Regression Model**  
 Intercept and 3 slope factors were regressed onto a dichotomous CU traits (1= above clinical cut-off) predictor (See **Table 1**)

- Age, sex, minority status, verbal IQ, conduct problems, anxiety and affective instability were covariates
- CU traits clinical status sig. associated with RSA change during reading ( $\beta = .63$ ,  $p < .01$ ) and recovery ( $\beta = -.48$ ,  $p < .05$ )

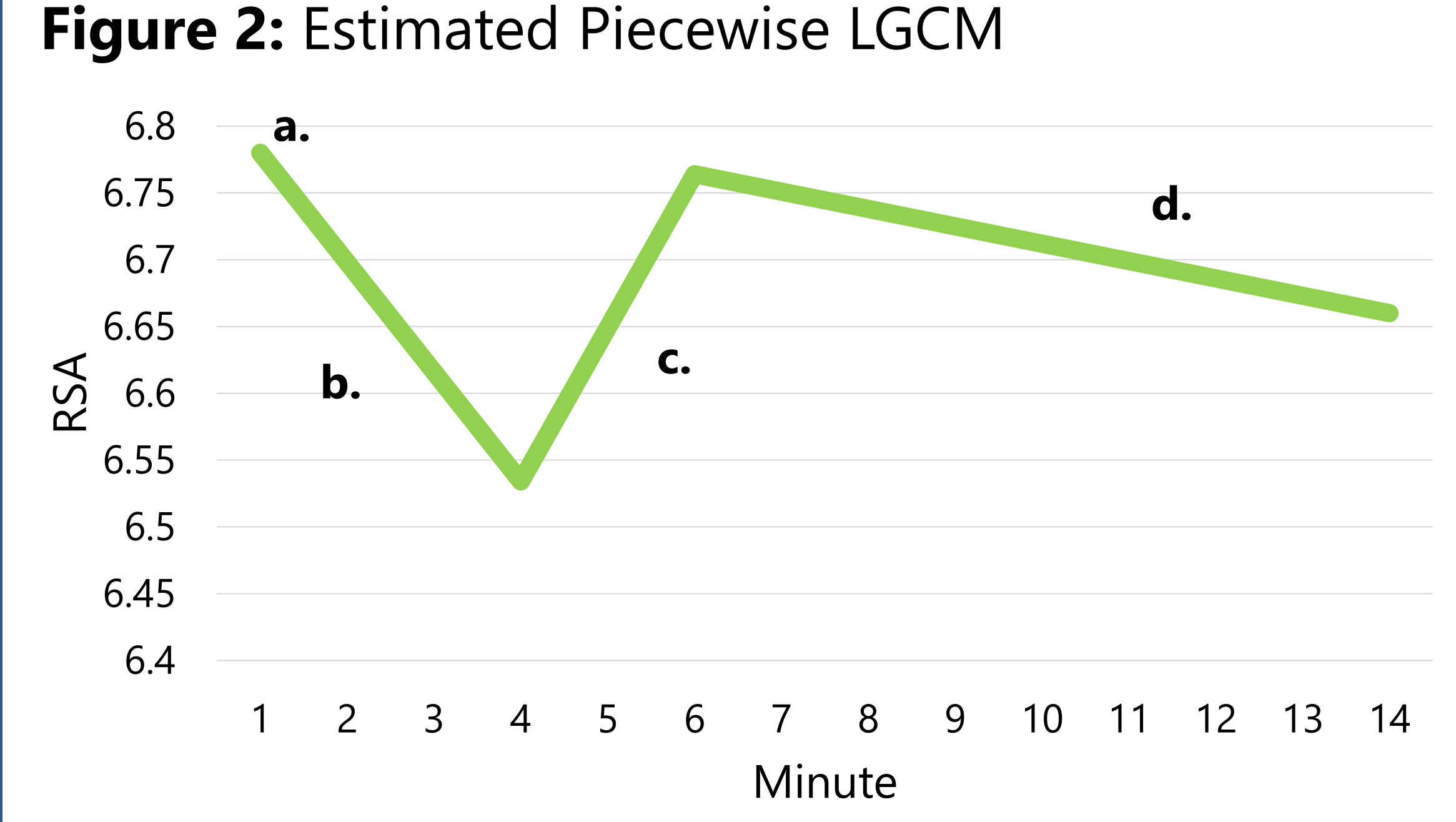
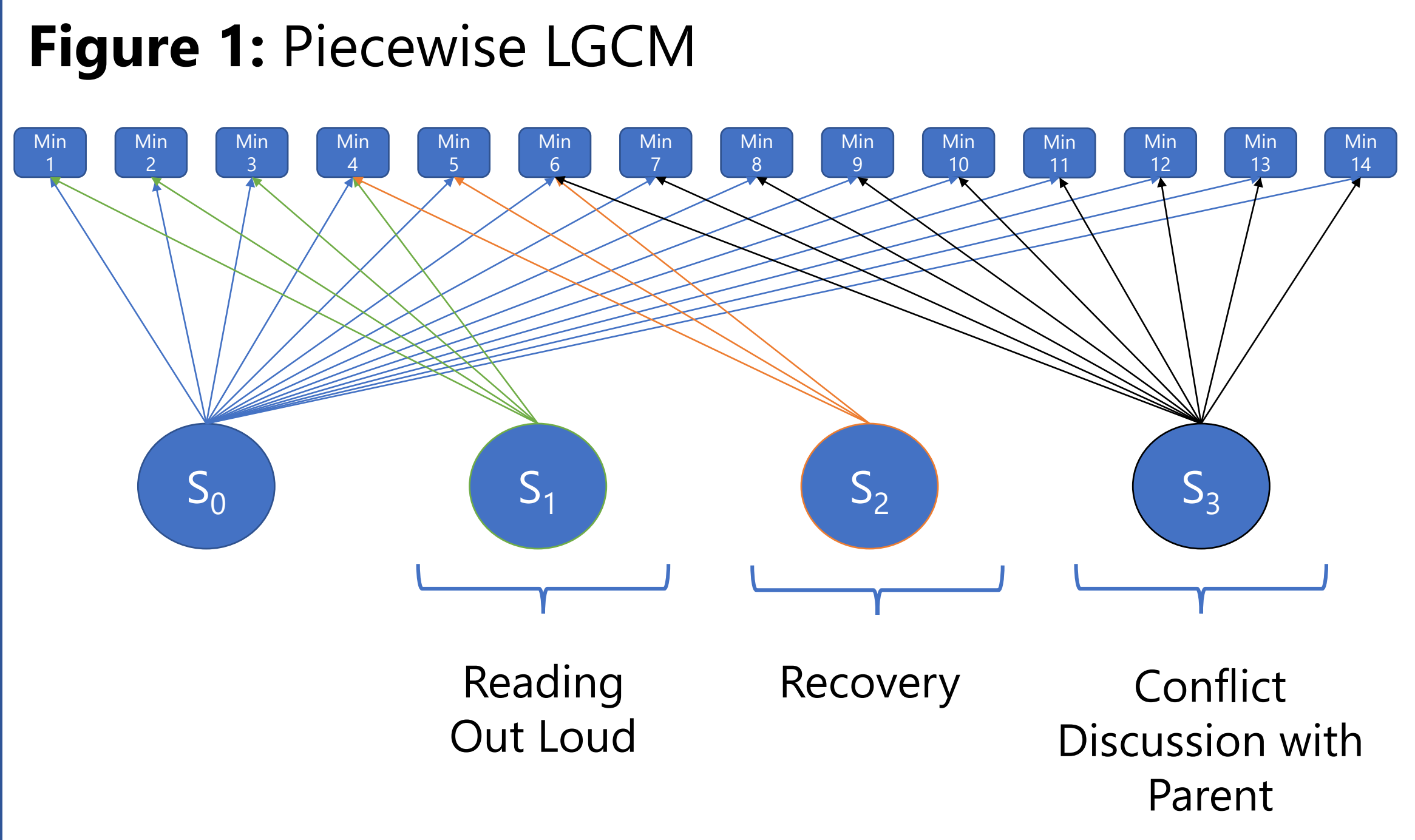
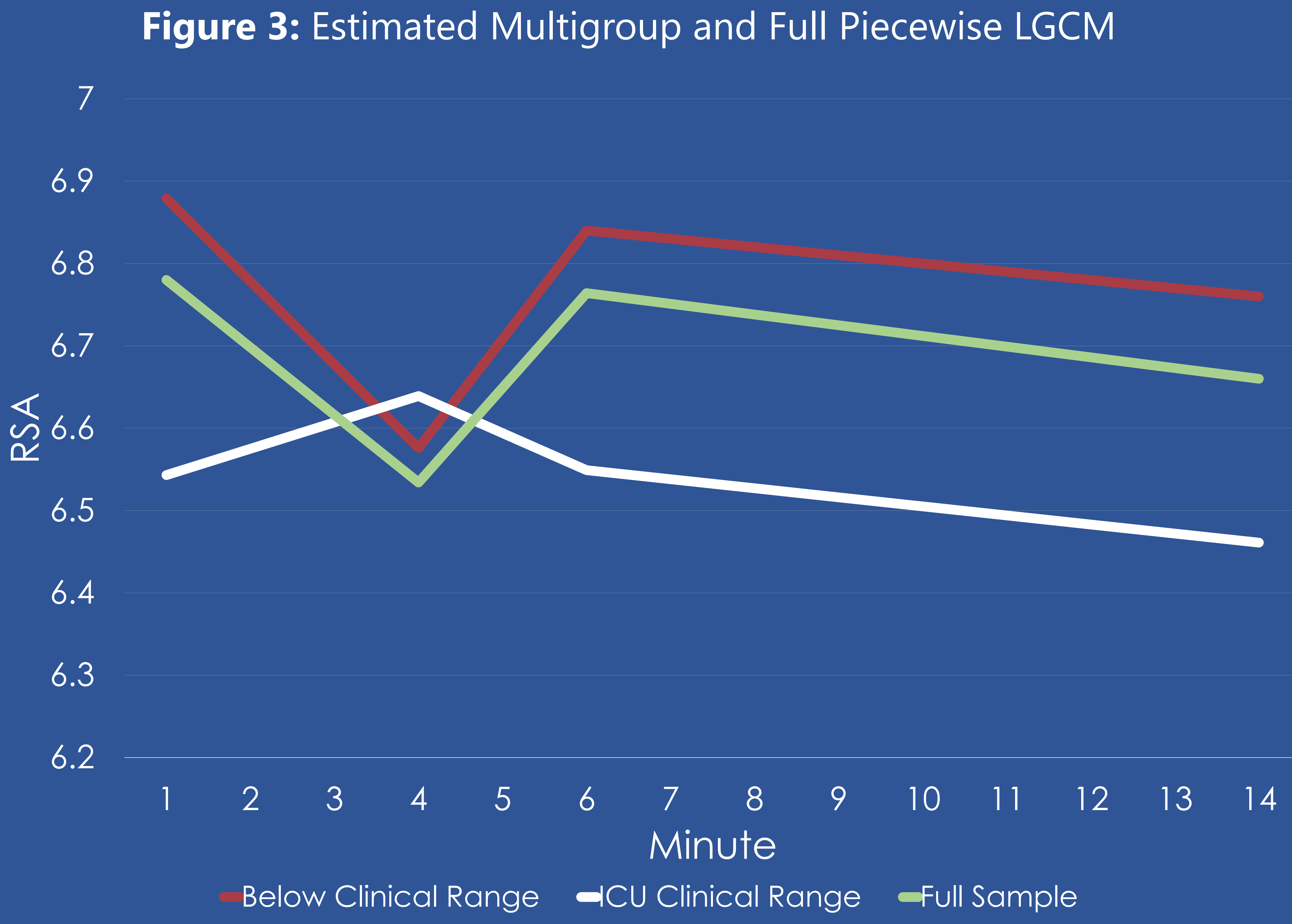
**AIM 2.2: Satorra-Bentler Scaled Chi-Square Tests**  
 Chi-Square tests compared RSA trajectories for youth above/below the clinical cut-off (See **Figure 3**)

- Compared a free model to a model with each factor subsequently fixed (See **Table 2**)
- CU youth showed sig. different RSA patterns during reading ( $\Delta\chi^2 = 4.88$ ,  $p < .05$ ) and recovery ( $\Delta\chi^2 = 4.11$ ,  $p < .05$ )
- RSA change for all 3 periods were not sig. for CU youth (See **Table 2**)

**CONCLUSIONS**

- Youth with clinically impairing CU traits can be characterized by autonomic inflexibility

# Reduced RSA Flexibility Across Three Different Interaction Periods Differentiate Youth with Clinically Severe Callous-Unemotional Traits



**Table 1: Multivariate Regression Model**

Regressors	Intercept		Slope of Reading Out Loud		Slope of Recovery		Slope of Conflict Discussion	
	$\beta$	S.E.	$\beta$	S.E.	$\beta$	S.E.	$\beta$	S.E.
CU Traits Clinical Cut-Off	-.15	.10	.63**	.22	-.48*	.20	-.09	.13
Sex	.14	.10	-.31	.28	.24	.23	-.10	.15
Minority Status	.15	.11	-.36	.30	.08	.25	.12	.18
<b>Continuous Variables</b>								
Age	-.01	.11	-.06	.27	-.12	.24	.18	.14
Verbal IQ	-.09	.11	-.20	.32	-.19	.31	.12	.23
Conduct Problems	.12	.13	-.9**	.27	.45	.31	-.03	.18
Anxiety	-.16	.12	.19	.28	-.12	.24	-.01	.14
Affective Instability	-.09	.11	.70**	.27	-.18	.23	.13	.14

$p < .05^*$ ,  $p < .01^{**}$ ,  $p < .001^{***}$ , two-tailed.

**Table 2: Satorra-Bentler Scaled Chi Square Tests**

Latent Factors	Clinical Cut-Off	
	Below $n = 115$	Above $n = 29$
Intercept	6.87***a	6.52***a
Slope of the Reading	-.10***a	.03 <sup>b</sup>
Slope of Recovery	.15***a	-.01 <sup>b</sup>
Slope of Conflict Discussion	-.01 <sup>a</sup>	-.02 <sup>a</sup>

Note: Superscript letters indicate statistically significant differences between groups on latent factors (i.e. a and b indicate a statistically significant difference of  $p < .05$ ).  
 $p < .05^*$ ,  $p < .01^{**}$ ,  $p < .001^{***}$ , two-tailed.



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