

Parenting the Sexually Abused Child by The Healing Place

8 week course for non-offending parents of sexual abuse victims
1 hour sessions can be scheduled with a therapist at The Healing Place
Professionals must contact therapist at The Healing Place **BEFORE** referring parents

- Week 1** Introduction
Rules and agreements, confidentiality
Definitions of abuse
Statistics
What parents may feel
- Week 2** Myths and Facts
Indicators of sexual abuse
Disclosure of sexual abuse
Denial
- Week 3** Effects of sexual abuse
Dealing with nightmares, flashbacks, etc.
Discipline
Responding to your child: Do's and Don'ts
- Week 4** Dealing with your child's abuse
Parent's history of sexual abuse
Coping skills
Self care
- Week 5** Stages of sexual development
Healthy vs. Problematic sexual behavior
How to respond to sexual behavior problems
- Week 6** Types of Offenders
Grooming
Offense cycle
Internet safety
- Week 7** How to talk about touching rules
7 steps to protecting our children
Safety planning
- Week 8** Importance of counseling
Stages of symptom reemergence
Review/Questions

To make a referral contact Amanda or Catherine at 828-692-0495