## Using EEG to investigate the neuro-modulatory systems underlying stress and decision making

University of Victoria Theoretical and Applied Neuroscience Laboratory

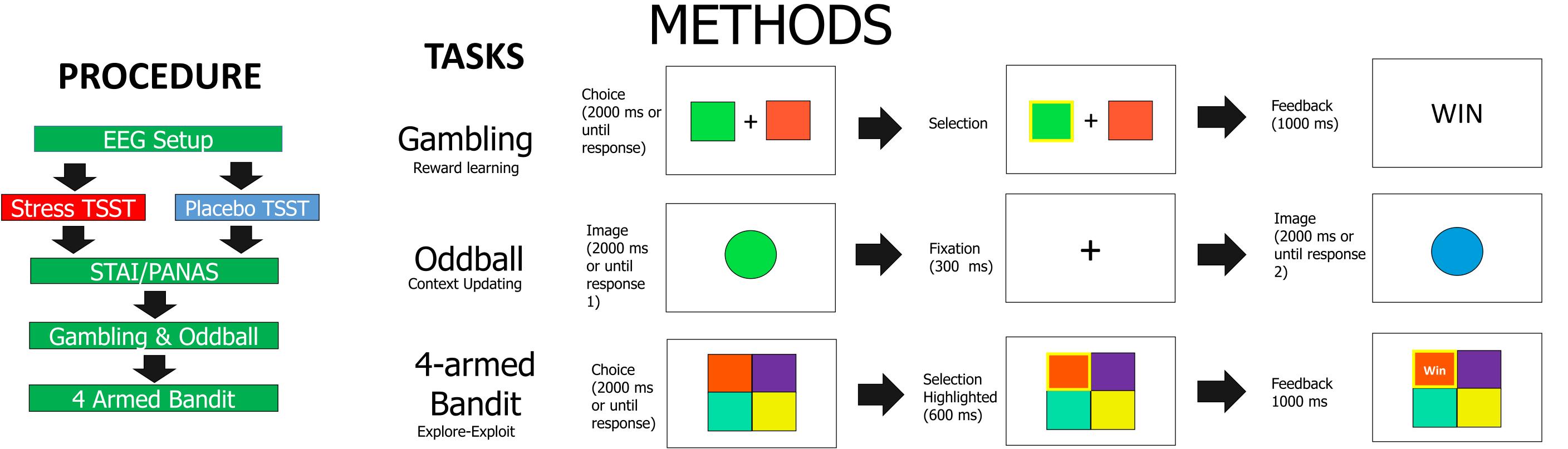


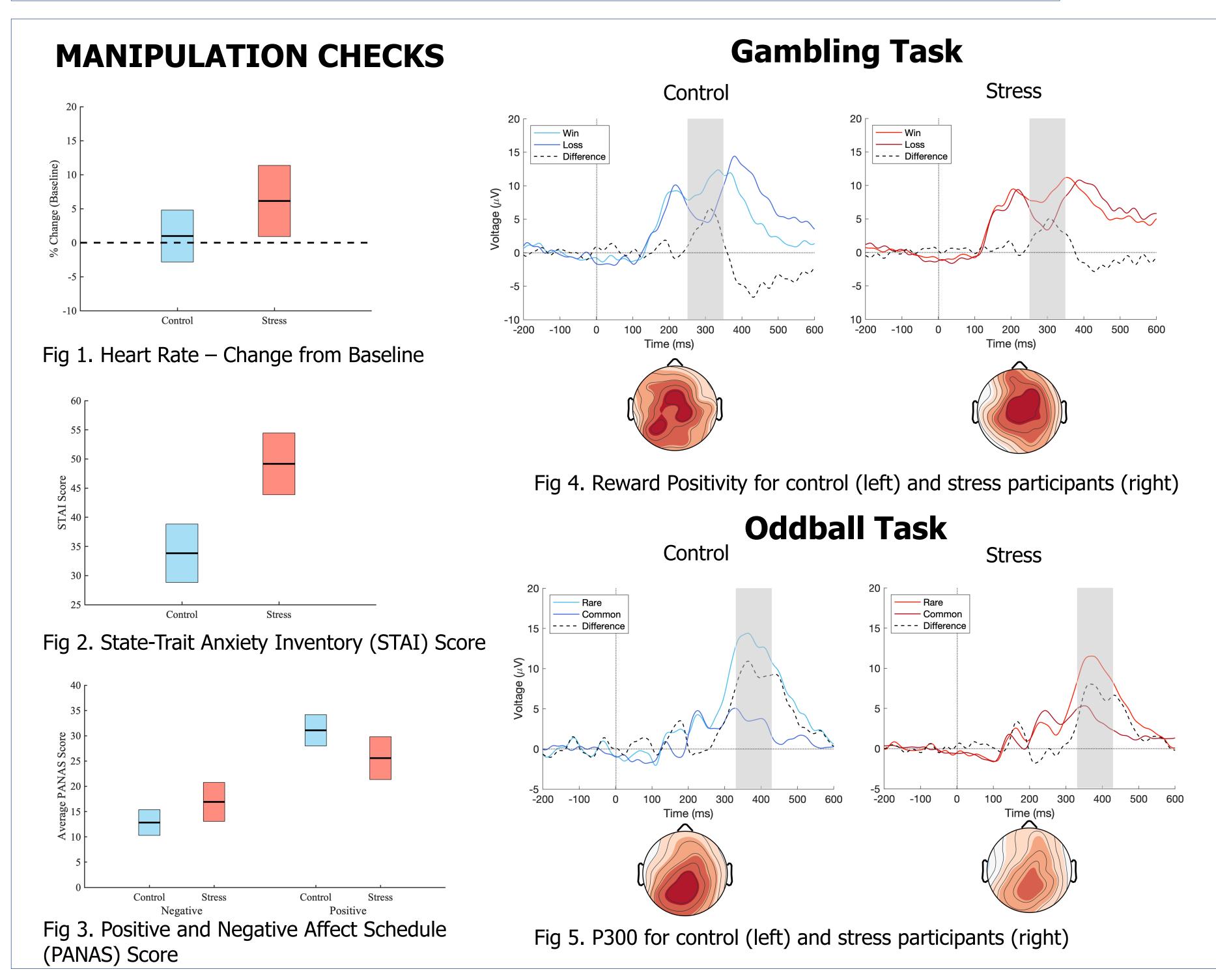
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## INTRODUCTION

- Acute Stress impacts both norepinephrine and dopamine
- These same neuromodulators play a role in decision-making systems that underlie context updating (norepinephrine), reward learning (dopamine), and the explore-exploit dilemma (norepinephrine & dopamine)
- Goal: To investigate how stress impacts these two systems using a combination of behaviour, neurophysiology (EEG), & computational modeling
  - 1. Induced Stress using the Trier Social Stress Task (TSST)
  - 2. Heart-rate, scores on the State-Trait anxiety Inventory (STAI), and Scores on the Positive and Negative Affect Schedule (PANAS) were measured as manipulation checks for the stressor





## RESULTS Model Performance 4-armed Bandit Stress Control Loss Win — Loss — Win Difference - Difference Fig 7. Win-Stay, Lose-Shift model 1 / Warren / North parameter differences. Parameters are the probability of winning: Win(P) and Time (ms) Time (ms) the probability of losing: Lose(P) Stress minus Control ExploitExploreDifference ExploitExploreDifference

## CONCLUSIONS

- 1. Stress caused higher heart-rate, greater anxiety, less positive affect, and more negative affect.
- 4. EEG can provide an indirect measure of the time-course of the effects of acute stress on dopamine and norepinephrine

Fig 6. Reward Positivity (top) and P300 (bottom) for the 4 armed Bandit. Control (left) and stress (right).

Explore trials were classified using a Win-Stay Lose-Shift Model

- 2. Stress reduced the P300 in the Oddball task but did not seem to impact the Reward Positivity in the Gambling Task
- 3. Stress reduced the Reward Positivity in the 4-armed bandit while causing the P300 to flip on explore-exploit trials and tress reduced the model and less optimal behaviour (more win-shift and less win-stay)

Fig 8. Differences in Win-Stay, Lose-Shift

trial classifications. Difference is Stress

minus Control