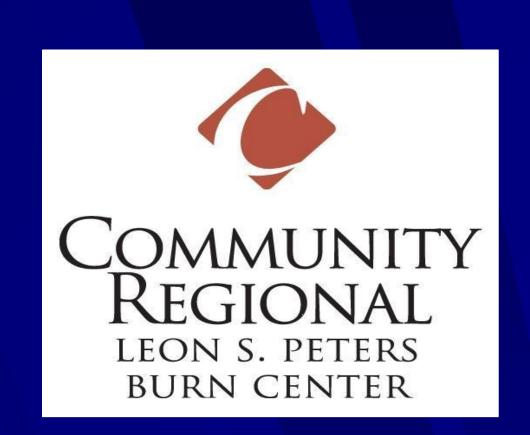


Impact of Support Group for Teen Burn Survivors



CONCLUSION

THE CREATION OF A TEEN SUPPORT GROUP HAS SHOWN TO BE A SUSTAINABLE METHOD TO SUPPORT BURN SURVIVORS AND PROVIDE AN OPPORTUNITY FOR PSYCHOSOCIAL RECOVERY.

RESULTS

"Support group has affected my life by helping me stay positive."





"Support group gives me a chance to be open about how I feel about my burns. It's not always positive, but it is positive to talk about it."



"I enjoy having other burn survivors around me that don't judge me."

	cipant Sun	vey			
What reasons do you have for attending support gr most important to you.	roup? Plea	se check ma	irk the <mark>thre</mark> e	e answers t	hat are
To talk about my feelings about having been burne	d			P	
To meet other teens who have survived burns or ha	The second second second			ii.	
To learn about how others cope with being a burn	survivor			- 83	
To talk about my problems at home or in the comm	nunity			£0	
To learn new ways to cope with challenges I face a	t home or i	n the comm	unity	da .	
To learn new ways to express myself and how I fee	1			Į.	
Using a scale of 5 to 1 (5 =strongly agree and 1=strollowing:	5=Strongl	gree), pleas y Agree 3	= Neutral	1=Strongly	
Overall, I would rate my experience in the teen	5	4	3	2	1
support group as positive	E	A. 7	5	2	4
I learned about myself as a burn survivor	5	4	3	2	1
From the group session activities, I feel more connected to the other participants	5	4	3	2	1
Participating in a peer support group is very	5	4	3	2	1
important to me	-			· ·	-
I feel accepted by the other group members	5	4	3	2	1
My perspective on my recovery has changed for	5	4	3	2	1
the positive	₹2.	320	55337	0.00	-53
I would recommend the teen support group to other teen burn survivors	5	4	3	2	1
What specific aspects of the support group have vo	u entoved		500000000		
Describe how the support group has affected your difference?). Have you applied what you've learned in group to s	life/recove	ery (does the			95
What specific aspects of the support group have you Describe how the support group has affected your difference?). Have you applied what you've learned in group to so applied and how? What parts of support group did you not enjoy/fine	life/recove	ery (does the			95

SIGNIFICANCE STATEMENT

We identified a need to provide a separate teen burn survivor support group to optimize engagement and to address specific age appropriate discussions.

DATA SOURCE/POPULATION

- 3 female burn survivors ages 14-17.
- Monthly meetings since Feb 2018.
- Participants surveyed after 15 months.
- Curriculum content and activities were focused around topics of identity, body image, peer relationships, social situations, and what it means to be a burn survivor.

LESSONS LEARNED

- Teen burn survivors valued in-person connections with other burn survivors.
- Intentional curriculum facilitated selfexploration, learning of new coping skills, and changed outlook on recovery.
- Off site events helped facilitate strong connections between family members.

Alexis Castro, MS CCLS, Marissa Muro, RN, Nicole Kopari, MD, William Dominic, MD FACS Community Regional Medical Center, Leon S. Peters Burn Center, Fresno, California