



SPORT STUDIES SUMMER SCHOOL IN IRELAND

2020

FEES

€3900 which includes social and cultural events. On campus accommodation is not included but typically costs €1275.

KEY DATES

- Jan 17th** - Deadline for online applications which must include a transcript, a letter of recommendation from an academic referee, and a copy of your passport.
- Feb 3rd** - Application decisions will be shared with students.
- June 1st** - Arrival for orientation and programme in Dublin.

CONTACT

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UNIVERSITY COLLEGE DUBLIN



A UNIQUE INTERNATIONAL STUDY EXPERIENCE FOR STUDENTS FROM SPORT AND HEALTH-RELATED PROGRAMMES

WELCOME

Welcome to our first ever Sport Studies Summer School, which takes place in Dublin, Ireland in 2020. This 4-week program has been designed for students enrolled on a broad range of sport and health-related programs, including Sports Studies, Kinesiology, Athletic Therapy, Physical Therapy, Sports Psychology, Nutrition, and Medicine.

It is also an excellent choice for students who cannot study abroad in-semester due to athletic schedules and work placements. All UCD courses are worth 5 ECTS, and we recommend that 3 US credits be awarded for the successful completion of each course.

This unique program allows students to learn alongside peers from a diverse range of disciplines that optimise an athlete's health and performance. Central to the program is understanding how a sport's history and culture shapes how athletes participate and prepare for upcoming competitions.

Students will be guided through the most recent research findings from sports science and exercise medicine via a series of lectures, practical workshops, and group activities.

COURSES WILL INCLUDE...

Sport, Culture & Society.

Providing a context to the relationship between Irish society and sport, looking particularly at how this dynamic evolved alongside the main moments in Irish history.

Optimisation of Human Performance.

Providing in-depth knowledge of the scientific factors underpinning human performance, including the latest research findings for applied topics that are known either to improve or impair exercise performance - from adolescents to the elite athlete.

Sports Injury Management.

Presenting the most up-to-date pathological, physiological and biomechanical data regarding the development of the most common clinically encountered musculoskeletal injuries.

FORMAT, TUTOR AND ASSESSMENT

The Program has a minimum GPA of 3.00. For those who qualify, lecture, practicals, and workgroups will be delivered by world-leading researchers, teachers, and clinical experts. Guests with extensive experience in clinical practice and elite sport will lead lectures and practical elements. Round table discussions will also be held by experts in sports marketing and career development.

Students will complete the various assessments for their courses which may include written editorials and viewpoints on core topics; multichoice question examination; and oral presentations.

WHY IRELAND - AND WHY UCD?

Considered the gateway to Europe, Ireland is only a two-hour flight from leading cities such as London, Paris, Madrid, Rome, Berlin and Barcelona. Dublin is one of Europe's most vibrant cities, with 50% of its citizens under 25. It is home to a host of the world's leading high-tech companies and is rich in cultural and sporting amenities.

UCD is located just a few miles from Dublin's city centre, and is located on a beautiful 330-acre sylvan campus. 2019 QS World University Rankings placed UCD in the top 50 worldwide for Sport Related Subjects.

Hockey Ireland and European champions, Leinster Rugby, are based on our campus, with many of Ireland's top athletes studying here.

Our cutting-edge sports and campus facilities include a medical center, 50m Olympic swimming pool, three gyms, all-weather pitches, tennis and squash courts, physiotherapy hub, five libraries, and woodlands for trail runs and walks.

MAKING THE MOST OF YOUR STAY

On-campus housing consists of individual bedrooms (complete with private ensuite bathroom), so there's no sharing and maximum privacy! Students also have access to generously-sized shared kitchens and living rooms, where they can mingle and socialise with other students in a friendly, relaxed environment. And for added convenience, there are numerous dining facilities spread throughout our campus.

During your stay in Dublin, you will have ample opportunity to experience Irish society, culture, and sporting traditions through activities such as a walking tour of Dublin; a stadium tour of Croke Park, home to our national Gaelic sports; a visit to Kilmainham Gaol, a pivotal location in Ireland's quest for independence in 1916; a Dublin Bay boat cruise, and a visit of the Epic Museum, home to a wonderful exhibition of Ireland's emigration history.